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### Abseiling- an overview

by Evan Jamieson, General Manager

AMNZ has been providing abseil services for schools and businesses now for 17+ years on a commercial basis. We started because many schools were recommended to me by people who knew of my back ground in rope rescue.

With the advent of legal liability and the onus on purchasers and providers to employ skilled and qualified instructors we took on the role.

It quickly became apparent to me that many adults had had bad experiences abseiling and climbing in the past. Many of the horror stories told to me were from people who still had the memory of "that day" fresh in their minds after 25 years!

Much of their experiences were based on the fear approach and being "forced" to abseil with no gradual build up or positive reinforcement to what they had achieved.

The fear as a result of those past experiences was (and is today by people I meet during these training sessions) graphic to say the least!

With this in mind I want you to remember that we are in the business of providing positive and rewarding outdoor experiences. In other words we never force a person to do something they do not wish to, in fact we must reward them with encouragement and praise for the steps they have taken to get where they are.

Whether it be climbing to the foot of the abseil wall, doing a practice slope, climbing to the top of the steep abseil wall and saying no! or actually doing the big wall... every step is an achievement and make sure you tell them that!

As a small business with a very limited advertising budget it is vital we make the most of every meeting with every person we are in contact with. Projecting the business in a positive and honest manner is vital for our long term survival (and our jobs).

The old saying is "a customer will tell 10 people about a great experience.., but will tell 100 people about a bad one". The lasting impression of the AdventureMasters business a customer will have is the one you give them.

Enjoy your job, have fun, be relaxed, be skilled, practice heaps, enjoy the challenge of those clients you may have difficultly with and be positive.

My door is always open for anything you may wish to discuss.

Welcome to AMNZ

### Evan Jamieson

### **Document Control & Availability**

The information contained with this SOP has been prepared for the use of AdventureMasters Instructors. It contains a complete system for the planning, safety assessment, operation, incident management and review for abseiling outdoors.

The manual is for the use of instructors operating single pitch (one single abseil from top to bottom with no changes of anchors or attachments by the abseilier) top rope (the rope runs through an anchor installed by the instructor at the top of the abseil installed before the student abseilers begin) and belayed from either the top of the abseil (start) or the bottom of the abseil (finish point).

The information in this document may be reviewed and altered at any point. Updated versions of this document are alerted to staff the day they are altered via email and update reviews communicated in staff meetings.

All previous editions of this manual must be permanently removed from your records as the information contained within it is the property of AdventureMasters NZ.

For current manual identification and information please contact AdventureMasters NZ on 03 4767634 or email us at the link provided, amnz1@xtra.co.nz

This document edition is

Staff Standard Series OMAF Sect 15-45- AMNZ Doc SOP Abseiling Instructors Manual Ed07/22/01/14

### **Manuals Purpose**

This large and complex document is the result of just a tiny piece of the knowledge AMNZ instructors are expected to hold when it comes to taking groups of roudy. uncontrolled, misbehaving chocolate filled children to the top of a rock face for a safe abseiling experience!

Note that I use the word experience... not instruction. This is due to the fact that our 8-12 year old clients want the best experience we can give them on the one turn they will get until next years camp (maybe). They have at this age very little need for a training course in abseiling.

This manual also serves as the basis of knowledge and a prerequisite to be able to go on to attain other instructor qualifications relating to technical rope skills and use with AdventureMasters. In fact you have one hour and 7 students to kit up and abseil.

Indeed passing this standard alone takes a huge amount of time, effort, study and practice on your part but it is entirely achievable as many instructors prior have done and demonstrated.

Remember that in our KaiZen (constant improvement) quest we are looking for instructors who constantly question, examine, test and critique everything we do.

### Legislation, Standards and Qualifications

Please note: To view NZ Laws related to AMNZ staff, activities and clients please see the current edition of the Safety Management Plan.

### Standards relevant to Abseiling within our business

| Standard, Guideline, Code of Practice                                    | Contains   | Review date | Signature |
|--|--|-------------|-----------|
| Support Adventure ASG-<br>Abseiling                                      | NZ guideline for commercial abseiling provision                                |             |           |
| Queensland Adventure<br>Activity Standards-<br>Abseiling                 | An excellent and informative guide to abseiling and safety system.             |             |           |
| Australian Standard 2316.1-2009  |  |             |           |
| Best Practice Guidelines for<br>Industrial Rope Access in<br>New Zealand | Design and build standards for structures and anchors                          |             |           |
| European Standard 15567-1<br>(EN 15567-1)                                |  |             |           |
| AS/NZS 4488 and AS/NZS 1891.4.   | Bolts and fall arrest information  |             |           |
| Sta  | <br>ndards relating to Equip   | nent        |           |
| UIAA   | International Mountaineering and Climbing Federation                           |             |           |
| CE   | European Conformity  |             |           |
| CI   | Cordage Institute  |             |           |
| AS/NZS   | Australian Standards/New Zealand Standards                                     |             |           |
| EN 1891<br>AS4142.3<br>AS4142.2  | Standards specific to life bearing rope  |             |           |
| ANSI Z133<br>CI1801.   | European standards maintained by CEN (European Committee for Standardization), |             |           |

|                             | Australian Ctandand                        |           |
|-----------------------------|--|-----------|
|                             | Australian Standard,<br>American National  |           |
|                             |  |           |
|                             | Standards Institute,                       |           |
| 0. 110                      | Cordage Institute                          |           |
|                             | cations Relating to Abseil                 | ing in NZ |
| NZ Mountain Safety          | For leaders who deliver                    |           |
| Council- Abseil Advanced    | courses to large groups                    |           |
| Bachelor of Adventure       | Level 7 with specialist                    |           |
| Recreation & Outdoor        | strands in Rock                            |           |
| Education                   | Climbing/Abseiling                         |           |
| NZQA Unit standard 26243    | Demonstrate abseiling knowledge and skills |           |
| NZQA Unit Standard 20157    | Demonstrate the use of                     |           |
|                             | basic rope systems for                     |           |
|                             | top rope rock climbing                     |           |
|                             | and abseiling                              |           |
| NZQA Unit standard          | Instruct in single-pitch                   |           |
| 20154                       | rock climbing                              |           |
| Level 5                     | -  |           |
| NZQA Unit standard          | Lead a single-pitch top-                   |           |
| 26242                       | rope rock climbing                         |           |
| Level 4                     | experience for a group                     |           |
| Unit 20145                  | Demonstrate                                |           |
|                             | knowledge of theories                      |           |
|                             | and processes                              |           |
|                             | associated with                            |           |
|                             | instructing in the                         |           |
|                             | outdoors                                   |           |
| Unit 20150                  | Demonstrate rock                           |           |
|                             | climbing skills on                         |           |
|                             | natural rock                               |           |
| Unit 20151                  | Demonstrate skills with                    |           |
|                             | ropes, knots, anchors,                     |           |
|                             | and belays for rock                        |           |
|                             | climbing and abseiling                     |           |
| NZOIA Rock Climbing         |  |           |
| Leader                      |  |           |
| NZOIA Rock 1                |  |           |
| NZOIA Rock 2                |  |           |
| NZOIA Sport Climbing E      |  |           |
| & I                         |  |           |
| Skills Active National Cert |  |           |
| in Outdoor Recreation       |  |           |
| (leadership) Rock Climbing  |  |           |
| Other known Qualifications  |  |           |
| with climbing components    |  |           |
| IRATA                       |  |           |
| International Rope Access   |  |           |
| Technicians Association     |  |           |

|                             | · · · · · · · · · · · · · · · · · · · |  |
|-----------------------------|---------------------------------------|--|
| NZ Mountain Guides          |                                       |  |
| Association                 |                                       |  |
| Skills Active SRT Cave      |                                       |  |
| Guide Cert 1                |                                       |  |
| NZQA Unit 451               | Manage Risk for an                    |  |
|                             | outdoor activity                      |  |
| NZQA unit standards 6400,   | First aid unit standards              |  |
| 6401, 6402 and 424 or       | for workplace and                     |  |
| 26551, 26552 and 424        | outdoor environments                  |  |
|                             |                                       |  |
|                             | Guidelines & Codes                    |  |
| Department of               |                                       |  |
| Conservation                |                                       |  |
| Environmental Care          |                                       |  |
| Code- Climbing              |                                       |  |
| Abseiling - A Manual for    |                                       |  |
| Instructors                 |                                       |  |
| Mountain Safety Manual      |                                       |  |
| 32, fifth edition published |                                       |  |
| 2013                        |                                       |  |
| Outdoor Safety - Risk       |                                       |  |
| Management for Outdoor      |                                       |  |
| Leaders                     |                                       |  |
| Mountain Safety Manual      |                                       |  |
| 38, third edition published |                                       |  |
| 2013                        |                                       |  |
| Alpine Rescue Techniques    |                                       |  |
| Mountain Safety Manual      |                                       |  |
| 36, third edition published |                                       |  |
| 2008                        |                                       |  |
| NZ Rock Climbing            | Ewbank 1-20 climbing                  |  |
| Grading System              | grade.                                |  |

### Goals

### Staff

Always SAFETY FIRST! For you, the clients and others. Our goal is to achieve a zero staff injury rate in all operation areas.

To have highly skilled and assessed staff capable of running this task in the shortest possible time frame.

### **Activity**

An activity which is easy to assess for safety, easy to manage, fun for all levels of abilities, simple to setup, simple to operate, keeps everyone busy and has many levels of challenge available.

### Client/s

No physical injury to clients No emotional trauma as a result of the activity A fun, positive and challenging activity for all ages and levels of abilities. An activity which provides an achievement for all nvolved.

### **Business**

To promote the exception skills and abilities of staff providing adventure activities for our clients.

To support and provide staff with every opportunity within our power to improve their personal and profession abilities as instructors.

To maintain and provide the most current and up to date training and operating systems available.

To have an annual zero target workplace accident record for all staff in adventure activity instruction.

### **Staff Roles**

### **Specialist Instructor**

A specialist has the maturity, training, skills, abilities, understanding and experience to assess the risks of the activity, plan the activity to achieve the desired outcomes for all involved (management, staff, clients, participants and interested parties), manage the task, adapt to changing needs under any situation, manage emergencies, review the event tasks and practice KaiZen.

To achieve all these things takes a huge amount of team work, self improvement, assessment and skill on the part of all involved. At the end of the day it is critical that an instructor has the confidence to stop the task at anytime if safety is compromised and to know that the instructor has the full and complete support of Management in doing so.

On occasions client and participant pressure to run the task can be enormous but if safety is ever a concern for any reason the instructor on scene has final say to stop or cancel the activity.

### **Trainee Instructor**

The primary role of any trainee instructor is to learn, understand and practice all the components of the activity to a very high standard and to be assessed and pass the standards laid down by AdventureMasters NZ for abseiling.

Safety first is the mantra of all instructors and a trainee must ensure they take all steps possible to protect their own safety at all times.

Where a safety issue or operation alteration/improvement is noticed this must be brought to the attention of the Senior Instructor onsite immediately. In the case of a client/participant in or about to enter a hazardous situation it may require the immediate action of the trainee to prevent risk or harm occurring providing the trainee instructor does not place themselves at risk to do so.

You will learn from others as others learn from you. You will challenge knowledge, systems and methods to aid learning, skill and abilities. You will take every opportunity to improve your abilities and grab every bit of information you can find in your quest as nothing short of a brilliant instructor.

You will at all times maintain constant vigilance and care for yourself, fellow staff members and all persons in and around the activity site. You will maintain a humble demeanour because one of the biggest risks to the safety of people in an outdoor activity is EGO!

### **Staff Performance & Entry Information**

Staff passing this standard are able to: prepare for instructing in, and teach, singlepitch abseiling skills; demonstrate effective instruction techniques during single-pitch abseiling; provide leadership for abseiling; demonstrate rescue techniques; and evaluate the effectiveness of the instruction and leadership provided.

In addition to this staff must also be able to:

Respond to an emergency care situation for an outdoor activity; Manage risk for an outdoor activity; Provide first aid; Demonstrate knowledge of theories and processes associated with instructing in the outdoors; Demonstrate abseiling skills on natural rock and towers; Demonstrate skills with ropes, knots, anchors, and belays for abseiling.

Staff are required to achieve a pass mark of a minimum of 75% in the written exam and a pass mark of a minimum of 75% in the practical exam.

Staff passing the exams will then be required to instruct three separate sessions of abseiling to the standards laid out in this manual under assessment and supervision of the Specialist Instructor/Manager/Owner. If the sessions are instructed to standard the newly qualified instructor will then be under indirect supervision of the Specialist Instructor/Manager/Owner for a period of 12 months.

Reassessment of instructor skills, techniques and SOPs will occur annually for this standard. Reassessment will require an instructor to demonstrate the skills and techniques required according to the standards laid out in this manual for abseiling to a single school class size of students at any given location used for abseiling. The class size must be a minimum of 10 students and upto a maximum of 35 students in a single day.

Failure of any part of the standard will require retraining, assessment and supervision.

Nationally recognised external qualifications maybe produced as evidence for immediate entry application as a AMNZ Abseil Instructor. Those persons having achieved an external qualification will be able to progress immediately to the Trainer supervised practical instructional performance requirements of this standard.

This is a four step process and is outlined on page 180 of this document. Failure to complete this process to the required skill level will require the applicant to complete a full formal AMNZ Abseiling Instructor training course and exams to our standards.

### Hazards

Identify hazards and manage risk for Abseiling

The management of risks is a huge task, at first the risks and hazards seem to be monumental, complex and almost overwhelming (and they can be) BUT... with practice and the use of systems it quickly becomes manageable and almost second nature for staff.

You could simply imagine risk management as looking after each other. You will notice that in your training and work environment we all comment, critique and watch each other constantly.

We must always operate in a state of KaiZen or constant improvement. Do not ever imagine you are being "pick on" because other staff members are commenting on your setup, systems or instructing methods.

A great instructor will listen carefully to the comments, learn from those and make improvements or changes all in the need for self improvement.

Self improvement makes it easier to assess and manage risk, use SOPs because standardised systems save lives, setup systems, instruct to the highest level possible, manage emergencies and incidents and critique the event when finished. Self improvement helps you provide the very best experience for you and for the client.

To help you work through risk assessment we use a colour coded system in three steps... just like traffic lights!

Red- Means STOP... areas of high risk. Places where you may be injured or die if you do not protect yourself and others.

In a abseiling environment this would be the top of the rock face or crag (you could fall off when setting up or have a rope cut on sharp edges), the face itself (rocks fall down, sharp edges cause injury or a jam could occur) and the base (where everything will land on your head!).

Orange- Means CAUTION... this is your equipment site. The spot your gear is stowed for use. You rescue kit, spare ropes or rope ends, instructor pack and the like.

This is usually near the base of the crag and is the site belayers are working. For that reason the work area must be clear of obstructions and hazards, kept tidy and organised and easily recognisable. This is a NO GO zone for bystanders with equipment and ropes in the area.

Green- Means SAFE... the area the participants and bystanders wait in. In this area you will have your PPE setup for clients to put on. The clients personal effects (bags, clothes etc) and spots for people to take photos and relax in.

This coloured coded system allows quick and easy identification and management of each area and risk level.

### Risk Levels for Climbing and Abseiling



### DANGER

You must be wearing and have fastened helmets, harnesses and safety ropes to you at all times in the RED Danger area. Once you have finished your climb or abseil exit the danger area immediately.



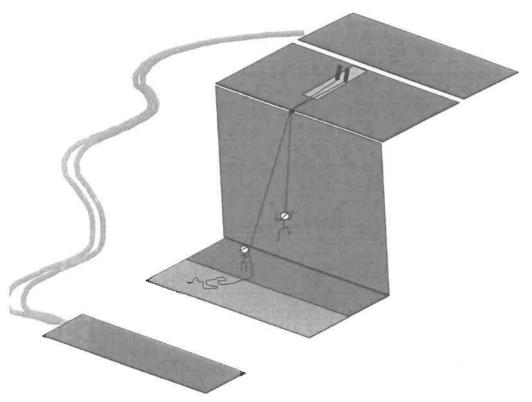
### CAUTION

Watch out for work equipment and hazards in this area. Ropes maybe on the ground or at head height along with packs and safety items. Trip hazards may occur.



### SAFE

You may get ready for the task here, leave your personal bags and clothing here. Once finished return to this site to remove your equipment and pick up your items. This is your safe waiting area when finished.



This simple diagram demonstrates how you will imagine the risk factors at any site. By colour coding the site in your mind you can easily and quickly plan and implement management systems for each area. This system works for all AMNZ activities.

The following pages provide our generic risk management plan for rock climbing and abseiling and our generic hazard assessment form. You must read and understand the causes of the risks and the reduction strategies outlined in these documents.

If you have any problems understanding this information please talk to your training supervisor, manager or business owner for clarification.

### Sample Form 18 AdventureMasters NZ

RAMS- Risk Management Plan for Rock Climbing/Abseiling Master

### RAMS: Risk Management Plan for Rock Climbing/Abseiling

Ed 5 06/02/14

| School   |  |   |                   |  |  |  |
|--|--|---|-------------------|--|--|--|
| Activity   | Rock Climbing & Abseiling Belayed S  | Rock Climbing & Abseiling Belayed Single Pitch Top Rope   |                   |  |  |  |
| Instructo  | ors:   | Location:   | Generic Topic RMP |  |  |  |
| Gr   | oup:   | Date:   | 06/02/14          |  |  |  |
| Risks (si  | gnificant potential losses)  |   |                   |  |  |  |
| 1 Death  |  | 4 Site Failu  | ire               |  |  |  |
| 2 Catast   | rophic Physical Injury/Illness   | jury/Illness 5 Equipment Failure  |                   |  |  |  |
| 3 Emotional Trauma 6 Systems Failure                                     |  | Failure   |                   |  |  |  |
|  | Causal Factors (lemons)  | Risk reduction strategies   |                   |  |  |  |
| People<br>ills, attitudes, age, fitness, ratios, experience, health etc. | Lack of skills by staff and participants Poor operating procedure Risk aversion by participant/leaders Behaviour of those involved Lack of knowledge Lack of risk reduction strategy by staff Group control failure Communication failure between staff & clients Ego of staff- failure to cancel or reduce risk Excess client leader ratios First aid skill and ability requirement Emergency system failure by staff Management failure for staff abilities Management failure for standards Peer pressure Medical problems Special needs for some people Failure to follow instruction Deliberate challenge of event rules Language barrier to understanding Fear | Staff trained and assessed to applicable standards Staff training and assessment reviewed annually Operating standards reviewed annually Risk assessment a company philosophy and mandate People management skills assessed and practiced Clear behaviour requirements communicated Clear instruction, planning, management and event operation Staff must use briefing sheets in instructor booklets Staff trained in ego hazards and risks Maximum staff client ratio for site and activity First aid quals mandatory and skills practiced Emergency management skills trained and practiced Management/staff/industry review of systems and standards Management of peer pressure and people management skills Training for staff dealing with special needs requirements Leadership training, assessment and skills for challenging clients and those who challenge instructions Training in methods of communication for those with language or understanding barriers Methods of overcoming fears using challenge by choice and stepped development |                   |  |  |  |

| Clothing, shelter, transport, activity, specific gear, safety gear etc | Anchor failure Equipment failure Damaged equipment Inappropriate attire for activity Inappropriate foot wear for activity Lack of protective clothes for elements Failure of PPE Failure to use PPE for correct purpose PPE not correctly stowed, used or audited Lack of shelter for staff and clients Incorrect equipment for system and rescue  | Anchor checks made before event setup, standards for anchors specified in activity SOP Equipment inspected for safe operation before and during setup, use and recovery to SOP manufacturers standards Care of equipment and use in systems to prevent damage Clothing and footwear checks of participants before event start Protective clothing checked before event and allocated PPE (helmets, harnesses etc) inspected before, during and after event use. Damage logged and reported, item removed from service and red tagged Appropriate shelter and clothing identified and used element protection Equipment reviewed, gear lists checked, stowage checks before operation and regular audits of sites, systems and operational needs by staff and management  Task analysis and hazard ID of site before event, site mapped, SAP and  |
|--|--|--|
| Environment<br>Weather, terrain, water, season etc.                    | Venue/site Exposure to elements Extreme temperatures Dehydration/Hypothermia risk Insects Pollen Allergies Topography- angle of terrain, slippery or loose, exposed trip hazards, tracks on edges/inclines. Environment- dark damp bush or lonely tussock ridge Proximity to other people/activities Proximity to emergency assistance Site risks from live stock/animals Catastrophic site failure ie landslide/tsunami/earthquake/rock slide/tree fall Emergency exits Communication blind spots | related system information updated Shelter located for staff and clients Appropriate clothing for event and site conditions Food, drink and shelter arranged Safety warnings (ie wasps in Beech or bush) and first aid treatment briefings prior to event Allergy relief available if required in first aid kits Safety check of topography site hazards- brief clients Alter mental thought process with redirection for those afraid of the environment Safety management planned and initiated with other site users Emergency assistance sites mapped and contacts logged Brief and identify safe methods to control the hazards posed from stock or animals Be aware of and use staff SOPs, hazard management plans and local information to assist in risk or event management, alerts and warnings to natural catastrophes Identify and practice use of emergency exits from sites Identify, log, report and test for communication blind spots, use staff information series for recently updated information. |

### Critical incident management

All methods and systems of management for the items listed above are found in your activity SOP

The method for managing critical incidents 1-6 listed assumes in all cases serious injury has occurred requiring ambulance intervention.

Where injury has not occurred OSH does not need to be immediately involved, however emergency services may require contact if the scene possesses a risk to life, stock or essential services.

| Emergency procedures to manage each identified risk  | Emergency gear required  |
|--|--|
| 1 Death Immediately protect yourself, clients and bystanders from harm Summon emergency assistance Evacuate students. away from scene Initiate TIC/Principal on sites Traumatic Incident Procedure Protect the scene, notify OSH Notify AMNZ Management Gather witnesses   | Communication methods- cell, UHF, landline<br>Camera- to record site/scene<br>Camera or note pad to gather witness names<br>Survival blanket to cover body   |
| 2 Catastrophic Physical Injury/Illness Immediately protect yourself, clients and bystanders from harm Summon emergency assistance Evacuate students. away from scene Provide medical assistance, summon aid locally Initiate TIC/Principal on sites Traumatic Incident Procedure Protect the scene, notify OSH Notify AMNZ Management Gather witnesses | Communication methods- cell, UHF, landline Camera- to record site/scene Camera or note pad to gather witness names First aid equipment Essential paperwork for patient assessment and post event reporting |
| 3 Emotional Trauma Immediately protect yourself, clients and bystanders from harm Summon emergency assistance Evacuate students. away from scene Provide medical assistance, summon aid locally Initiate TIC/Principal on sites Traumatic Incident Procedure Protect the scene, notify OSH if required Notify AMNZ Management Gather witnesses         | Communication methods- cell, UHF, landline Camera- to record site/scene Camera or note pad to gather witness names First aid equipment Essential paperwork for patient assessment and post event reporting |
| 4 Site Failure Immediately protect yourself, clients and bystanders from harm Summon emergency assistance Evacuate students. away from scene Provide medical assistance, summon aid locally Initiate TIC/Principal on sites Traumatic Incident Procedure Protect the scene, notify OSH if required Notify AMNZ Management Gather witnesses             | Communication methods- cell, UHF, landline Camera- to record site/scene Camera or note pad to gather witness names First aid equipment Essential paperwork for patient assessment and post event reporting |
| 5 Equipment Failure Immediately protect yourself, clients and bystanders from harm Summon emergency assistance Evacuate students. away from scene Provide medical assistance, summon aid locally Initiate TIC/Principal on sites Traumatic Incident Procedure Protect the scene, notify OSH if required Notify AMNZ Management Gather witnesses        | Communication methods- cell, UHF, landline Camera- to record site/scene Camera or note pad to gather witness names First aid equipment Essential paperwork for patient assessment and post event reporting |
| 6 Systems Failure<br>Immediately protect yourself, clients and bystanders from harm<br>Summon emergency assistance   | Communication methods- cell, UHF, landline<br>Camera- to record site/scene<br>Camera or note pad to gather witness names   |

Evacuate students, away from scene Provide medical assistance, summon aid locally Initiate TIC/Principal on sites Traumatic Incident Procedure Protect the scene, notify OSH if required Notify AMNZ Management Gather witnesses

First aid equipment Essential paperwork for patient assessment and post event reporting

### National standards applicable

**Support Adventure ASG- Abseiling Queensland Adventure Activity Standards-Abseiling** 

Australian Standard 2316.1-2009 AS/NZS 4488 and AS/NZS 1891.4.

UIAA, CE, CI, AS/NZS, EN 1891, AS4142.3, AS4142.2, ANSI Z133, CI1801.

Abseiling - A Manual for Instructors

Mountain Safety Manual 32, fifth edition published 2013

**Queensland Adventure Activity Standards-Abseiling** 

### Policies and guidelines recommended (activity specific)

Australian Standard 2316.1-2009

**Queensland Adventure Activity Standards-Rock Climbing** 

Department of Conservation Environmental Care Code-Climbing

**Outdoor Safety - Risk Management for Outdoor Leaders** 

Mountain Safety Manual 38, third edition published 2013

**Alpine Rescue Techniques** 

**Queensland Adventure Activity Standards-Abseiling** 

Department of Conservation Environmental Care Code- Abseiling

NZ Activity Safety Guideline- Abseiling

### Minimum skills required by activity leaders/assistants

AdventureMasters NZ Abseiling Instructor (Specialist) Equivalent to Unit standard 20154 and/or any of the standards listed below Bachelor of Adventure Recreation and Outdoor Education Level 7 with Abseil/Rock Climb strands

NZ Mountain Safety Council- Abseil Advanced For leaders who deliver courses to large groups

NZQA Unit standard 26243 Demonstrate abseiling knowledge and skills

NZQA Unit Standard 20157 Demonstrate the use of basic rope systems for top rope rock climbing and abseiling

Other standards for skills for Rock Climbing Instruction-

NZQA Unit standard 20154 Level 5 or similar NZQA Unit standard 26242 Level 4, Unit 20145, Unit 20150, Unit 20151, NZOIA Rock Climbing Leader, NZOIA Rock 1, NZOIA Rock 2, NZOIA Sport Climbing E & I, Skills Active National Cert in Outdoor Recreation (leadership) Rock Climbing, Skills Active SRT Cave Guide Cert 1

First Aid (not all standards are required)

NZQA first aid unit standards 6400, 6401, 6402 and 424 or 26551, 26552 and 424

| Final Approval | Accept | Evan Jamieson- AMNZ | Reject |  |
|----------------|--------|---------------------|--------|--|
|                |        |                     |        |  |
| Comments:      |        |                     |        |  |

Hazard Assessment & Control Belayed Rock Climbing/Abseiling Master Form v14 06/02/14

Master v14 06/02/14

Doc ID:

Activity: Abseiling

Location:

Generic Topic Assessment

| Risks  | Hazards  | Significant? | Controls   |
|--|--|--------------|--|
| What could go wrong?   | Why would this happen?   | Yes / No     | How can we prevent it?   |
| Injuries caused as a result of poor practice.  Anxiety caused by realisation of imminent danger without the means to manage the risks. | Instructor and/or participants unaware of hazards and safe working practice. | Yes          | All participants are to be accompanied by instructors who are able to risk assess actively on site, have significant <i>instructional</i> experience in the type of environment in which they are working and have been trained, assessed by appointed technical expert.  Instructors should offer an appropriate safety brief taking into account the nature of the client group, their anxieties, their confidence, and their questions.  All instructors are to carry appropriate technical and safety equipment sufficient for all members of their party.   |
| Injury caused by a fall from height  | Heights PPE not used ie personal safety line Edge failure                    | Yes          | Instructors must ensure that all participants, themselves and observers are aware of the whereabouts of the edge and of sloping and/or loose ground leading to the edge. We recommend using a physical marker e.g. ropes to identify a no-go parameter.  Instructors must ensure that their own edge safety PPE is installed and used as the number one priority in any situation (especially setup).  Instructors must ensure that their own edge safety PPE is installed and used as the number one priority in any situation (especially setup).  Instructors must ensure that they make careful visual and physical inspections of the site before use. With a focus on leading edge fall risks and rock types.  Instructors must ensure that all participants, themselves and observers are belayed effectively before approaching an edge at height, and before leaving the ground to climb. (Except for situations such as bouldering at low level, and lead climbing to the first runner).  All participants engaged in climbing or abseiling must be belayed effectively at all times, unless their height is minimal and/or physical support (spotting) can be used.  Instructors should ensure that all participants know not to climb unless the instructor is supervising.  Poorle are advised of the none of the property of the contract of the |
| Injuries caused by failure in the operation of the belay system  | Faulty belaying  | Yes          | If all participants are considered not to be sufficiently responsible, instructor should consider self-lining (instructor backup of trainee belayer) or another appropriate form of belay.  Instructor is to ensure the Office and/or Ops Manager has details of their destination, party, estimated time and date of return.  Instructor must not change location or vary route significantly without first contacting the Office and/or Ops Manager and changing destination details and ETR.  |

| Injury caused by falling rock                                   | Rockfall             |     | All participants, observers and staff shall wear correctly fitted helmets at all times whilst under or approaching a crag in all red or orange risk zones.   |   |
|---|----------------------|-----|--|---|
|   |                      | Yes | Instructors must identify a safe area in which all people can stand/sit, ideally out of reach of falling debris.   |   |
|   |                      |     | Loose debris is to be removed, stabilized or avoided to prevent it falling after having achieved the above situation.  |   |
|   |                      |     | Instructors should consider not using a venue that is prone to rockfall.   |   |
| Injuries caused by failure of equipment                         | Faulty equipment     | Yes | All equipment will be checked prior to use and faulty items removed from operation.  |   |
|   |                      |     | Equipment must be used only for the purpose(s) intended.   |   |
|   |                      |     | Equipment must be treated with respect, with care and will be maintained as required to ensure good working order.   |   |
|   |                      |     | We recommend using minimal components in the safety system or the Kis (keep is simple) principle.  |   |
| Injuries caused by failure in the operation of the belay system | Faulty belaying      | Yes | Instructors must carefully instruct belayers and observe their practice at all times, or sufficiently regularly to ensure that they <i>maintain</i> good practice.                                       | 1 |
|   |                      |     | All sub-standard practice by participants must be stopped and corrected immediately.   |   |
|   |                      |     | Instructors must check understanding of belay principles and check operation before allowing participants to belay.  |   |
|   |                      |     | If a Gri-Gris is used, the dead rope must be held securely behind the belay device at all times whilst belaying is in progress. A Gri-Gri must not be used as a failsafe device.                         |   |
|   |                      |     | Instructors should be aware that no belay devices are failsafe devices.  |   |
|   |                      |     | No client/student belayer will operate on their own, every belayer must have a backup belayer to operate. Additional belayers will be required where the climber is larger and heavier than the belayer. |   |
| Anxiety and stress caused by fear                               | Cragfast participant | Yes | Instructors should make themselves aware of a participant's state of mind, their fears and anxieties.  | T |
|   |                      |     | Instructors are to ensure that they have the means to perform a mid crag rescue at all times.  |   |
|   |                      |     | Instructors are to offer appropriate support to enable participants to regain control and retain dignity for themselves.   |   |
|   |                      |     |  | 7 |

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| Anxiety and stress caused by fear, minor  | Craefast participant caused by jammed abseil device     | Vec | Instructions one to encine that they have the moons to another.  |
|---|---|-----|--|
| cuts/bruises  | trapped clothing, jewellery, hair or parts of the body. |     | all times.   |
|   |   |     | Instructors must use a releasable abseil rope system as required.  |
|   |   |     | Instructor must advise participants to remove/tape jewellery that increases this risk.   |
|   |   |     | Instructor could advise participants to wrap, tuck or hide long hair to reduce the risk of it becoming entangled in the belay or abseil device.  |
|   |   |     | Instructors must ensure that loose clothing, toggles, laces, etc. are appropriately tucked away.   |
| Injuries caused by impact with rock, another object or another person during a swing or fall  | Climber/abseiler pendulums or falls                     | Yes | Instructors must ensure that the abseiler/climber remains directly below their point of attachment as much as possible.  |
|   | Body jewellery causing injury to clients and staff      |     | Instructors to maintain appropriately tight belays in a situation where a fall or swing would cause significant impact with another object, especially trees, rock ledges.                                   |
|   |   |     | Instructor to ensure that climbers and abseilers do not move into a position from which a swing or fall will cause an impact with another person.  |
|   |   |     | Instructors to ensure appropriate space for a fall/swing where unavoidable, and to ensure that other people do not occupy that space.  |
|   |   |     | Jewellery removed or taped down ie piercings in stomach or chest at hamess area  |
|   |   |     | Instructors are to use the best instruction method for the individual to attempt to avoid this occurring- in particular focus on the gravity line and wide feet stance                                       |
| Injuries caused by losing control of the abseil rope  | Abseiling rapidly                                       | Yes | All abseilers, including instructors are to wear protective gloves when abseiling.   |
| Injuries caused by impact with ground or other objects at sneed                               |   |     | Instructors must use a personal safety device (e.g. shunt, Prussics) whilst abseiling without a belayed safety rope ("dead mans brake")  |
|   | Instructor not using Dead Mans brake PPE                |     | Instructors must ensure that belayers tighten the safety rope so that the abseiler almost stops 2-3 metres from the ground, and is then gently approaches the ground.  |
|   |   |     | Belayers are to be exceptionally vigilant at all times and to maintain close control of the abscilers speed by means of well-controlled safety rope (e.g. one with no significant free rope or fall length). |
| Injuries caused by a fall on rugged terrain. Injuries caused by a slip leading to a fall from | Rugged or steep terrain leading to top or base of crag  | Yes | Instructors are to identify an approach route to avoid hazards as much as reasonably possible.   |
| height.   |   |     | Instructors to install a fixed rope or belay when a slip on the approach might lead to a more catastrophic fall.   |
|   |   |     | All participants to wear "grippy firm soles" providing ankle support and   |

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| protection on rugged approaches.  SOP requires belays to be taken to the climber/abseiler in a safe zone so the client is belayed towards the edge to protect from fall risk. | Instructor is to consider ensuring that at least one member of their party is aware of an emergency procedure to be implemented in this scenario.  If all participants are considered not to be sufficiently responsible, instructor should consider self-lining or another appropriate form of belay.  Instructor is to ensure the Office/Ops Manager/Senior Instructor has details of their destination, party, estimated time and date of return.  Instructor must not change location or vary route significantly without first contacting the Event Coordinator/responsible person and changing destination details and ETR. |
|---|---|
|   | Yes   |
|   | Instructor falls whilst climbing free   |
|   | Injuries caused by instructor fall. Isolation of participants in a hazardous environment.   |

RAMS Review Process:

### **Document Control**

| Created by:                 | TI Cagime    | Date:          | e: 06/02/2014    | Edition     | Ed 07/22/01/14 |           |  |
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**Document Reviews** 

This document is reviewed annually by staff, management and owner/s and maybe updated at anytime. Reviews and updates are forwarded to staff as they occur

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### **Activity Procedures**

Prerequisites' - Instructors teaching abseiling are required to have been assessed and have passed the AMNZ Abseiling Instructors standard or equivalent to be able to teach and run abseiling without senior instructor/trainer supervision.

### **Initial & Ongoing Hazard Assessment**

- > Owner/Manager completes a master copy of the Labour Departments "Hazard ID Form" after walk through of site and individual assessment.
- > All staff complete EOTC Manual Sample form 17 RAMS Hazard assessment and control after walk through of site. Individuals forms are compared and additional items listed on the master form. Task Analysis is reviewed by staff and updated as required.

All staff complete EOTC Sample form 18 RAMS Risk management plan after walk through of site. Individuals forms are compared and additional items listed on the master form.

All staff complete EOTC Sample form 19 SAP Safety Action Plan after walk through of site. Individuals forms are compared and additional items listed on the master form.

- Staff discuss control methods for hazards (either onsite and/or at the staff meeting which follows) and instigation and completion date of controls is allocated to individuals on the master form. Controls include posting of hazard notices and updating training and assessment needs. Updating vehicle and trailer folders and client forms.
- Operating staff review master EOTC Sample forms 17, 18 & 19 during and at the end of the activity and update as required. Updates are forwarded to the office for immediate instigation into the system and forward changes to all staff.
- Management reviews control measures with staff at the following month staff meeting to identify further needs or measures required or if controls are working. Review control date is allocated based on level of risk assessment.

Management reviews control measures with staff annually or the process is repeated when a new hazard, work site or equipment is introduced

### **Rest Breaks**

- It is vital for instructors to eat well and often, drink plenty of fluids and rest when able. Instructors are in a constant heightened state of emergency management, hazard assessment and readiness when caring for young students in a risk activity.
- Staff who are exhausted, off colour or ill must never attempt to work in a high risk task like climbing. This has happened to most af us at some point in our careers and it is vital you excuse yourself from the task. We all get sick or exhausted sometimes!
- The simple act of sitting down and snacking for 5 minutes will assist in keeping your readiness level at a high state. By the end of a day with a boisterous group of young students your stamina has been severely depleted and you are physically and mentally exhausted.
- The simple act of driving home becomes a challenge filled with risk for the tired staff members. It is a good idea for staff operating high risk tasks all day to share responsibilities with fellow instructors. Self assessment... not ego! must guide your actions at this point.

### Recovery

- Instructors must recover their equipment in the reverse order of setup. Great risk occurs at the point an instructor removes anchors and safety PPE. It may even be prudent to ask an adult to stay on for a few minutes and watch your safety ie that you get off the crag safely.
- It is a good idea however to pack helmets and harnesses away (checking and inspecting as you do so) immediately the group finishes the task. The members of the group can often be asked to carry helmet boxes back to a pickup location for you. This is done with great thanks of course.
- Damaged equipment is removed immediately from circulation, red tagged and placed in the vehicle for return to base.
- Audit and inspect the required number of items and the condition as you pack them away, many a helmet and harness has been worn while walking back to camp. Chasing these down takes time and money and occasionally may never return.

### De Brief

- Visit the TIC and check they are happy with the activity. Promote AdventureMasters for their EOTC needs. Query bookings for the next event. Offer further activity suggestions for the future, promote Western Hills.
- Check with the Senior Instructor on next tasks. Advise them of any notes, red tagged items, comments on site or management of event.

### **Documentation & Reports**

During return drive to base the passenger must complete required paperwork. These include:

- Staff Log Book
- **Equipment Log**
- Damaged equipment form
- RAMS updates
- SAPS updates
- Restocking form
- Notes for office
- **Incident Form**

### **Emergency Management**

Instructors are required to be skilled and practiced in the techniques for rescue provided in the AMNZ Abseiling Instructors Manual.

Emergency management relates to a wide range of events that may occur within the activity site however common events occur during the operation phase of an activity. These events are listed below.

Abseiler stopped, stuck or frozen on a crag suffering extreme anxiety. Note: this has resulted in students attempting to release themselves off the system while standing on ledges.

- ❖ Immediate action required is twofold- immediately yell "stop what you are doing, do not undo that carabineer" and at the same time lift the belay line up for the sudden and forceful tightening of the belay rope so the client is suspended by the carabineer in their harness. This ensures capture in the system and forces the climber to grab the rope or rock releasing the carabineer.
- AMNZ considers the act of an instructor travelling to the client and performing rescue is a dangerous high risk task that must be avoided at all costs. There is always the chance that that very technique is required so we train for and practice that skill but plan on never using it.

In order of priority rescue methods are: (list based on risk to the instructor, client and belayers)

- 1) Talking them into sitting in their harness and being lowered. Use clear concise instruction with one movement at a time ie move left hand to the rope, now right hand etc etc. Have them focus on the rope not the ground as falling is usually the fear factor. Many voices and tones maybe required to have them follow your instruction.
- 2) Tension belay line to place weight on harness not feet and hands. Clients must trust the rope and harness to support their weight. Once used to the feeling the client may be able to continue or finish under control.
- 3) Belay drag- A serious and possibly hazardous move that requires a separate drag line clipped onto the belay via carabineer. The drag line is used to pull the climber away from the rock so they are suspended. It is vital the climber cannot reach out and grab the rock. The climber is then lowered by the belayer while the drag line is under tension. Risk occurs from jammed fingers, it is often possible to have the climber attach the drag line to their harness under the guise of a safety rope.
  - This rescue may result in severe emotional distress to the climber for a period of time and can invoke panic reactions resulting in the use of colourful language or aggression.
- 4) Instructor recovery... the most dangerous task there is to any instructor. After attachment to the rescue system and using a deadmans brake system the instructor abseils down to the client (off centre in case of rock fall on the climber) and either talks the client down or uses a pluck off technique. Either method requires the attachment of a short tether between the rescuers descender and the climbers harness.

5) Raising??? While this is an option (typically using a Pig Rig) I have not ever experienced a situation where it has occurred. The only feasible place I can think of is an unconscious or ambulatory person positioned on a ledge who would need to be raised for extraction over the edge on a Belay Drag or recovered to the top.

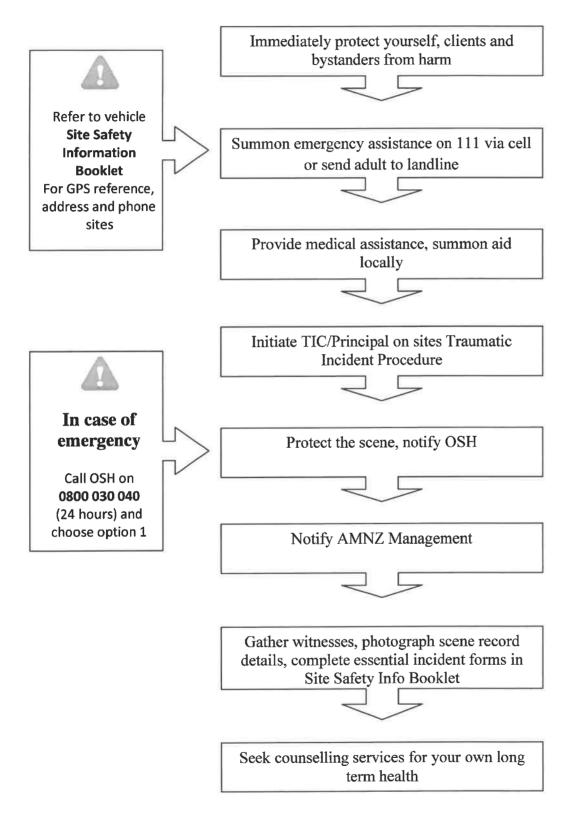
### Other incidents requiring Hazard Management

These incidents are listed based on the requirement for emergency assistance as it is presumed the event has caused injury or death.

The same process is required in all situations where an injury occurs.

- Death or Catastrophic Physical Injury/Illness. This could occur as a result of the activity or a medical condition/event with an adult.
- **Emotional Trauma** Which can have physical effects on the body including symptoms which look like a heart attack, stroke, seizure, breathing problems and loss of body functions to name just a few.
- Site Failure It maybe rock fall, land fracture, land slide, mud slide or any event that causes a failure of the site and its use resulting in injury or death.
- Equipment Failure Even new equipment may have faults causing failure. A "typical" event is one of loose knots sliding undone, anchor failure, rope cut or breaking on sharp rock and harnesses not correctly tensioned and adjusted (inverting or falling out of them)
- Systems Failure Failure of the procedures, training and assessments provided by management result in poorly prepared instructors. Instructors fail to follow SOP and hazard management systems. Multiple small incidents may occur accumulating in the factors that result in a major incident.

### Manage a Major Injury Incident



Your Site Safety Information Booklet contains all the information required at the site for coms, GPS reference points, incident management and forms.

### **Oceans**

Some activity sites for abseiling and rock climbing occur on the edge of beaches or rock faces which can be effected by ocean currents and waves.

No "above water" event will occur unless wind direction, sea state and tide tables have been checked the day of the event. Onshore wind, high tides and sea state (heavy swells, height, rough conditions) are high risk indicators and may require a cancellation of the activity.

Note that instructors busy with the clients will not usually notice changing sea conditions or tidal flows which may occur very slowly.

Instructors are required to have rescue equipment to effect a water rescue if a client was suddenly swept into the sea by a "rogue" wave or foolish action.

Instructors and bystanders must be able to access water rescue equipment immediately so it must be highly visible and to hand. Minimum requirements are PFD for two adults XL & L Throw Bag- weighted with minimum 15m line

- One adult stationed at the base of the crag is tasked with rescue and must wear a PFD
  at all times. This adult should be a competent swimmer and have been briefed on
  throw bag use. The throw bag and second PFD must be to immediate hand and
  clipped to an anchor point in case of wash.
- In the event of a student or students requiring rescue make the scene safe, evacuate participants to a safe area. Call for help on 111 if able to do so immediately. Start rescue procedure.
- Use throw bag immediately if swimmer is on the surface and able to grab the line.
- If not then second PFD is fitted on instructor and instructor should if safe to do so attempt water rescue by swimming to their aid.
- Instructor/s in the water must keep helmets on particularly when entering rocky areas.
- Adult uses throw bag to aid recovery of both people in the water.
- Additional ropes are available using the climbing or abseil kit.
- ANY person under AMNZ care who is at possible risk of being swept away by wave action MUST be attached to a safety rope to reduce the risk of this occurring.

#### **Rivers**

Some activity sites for abseiling and rock climbing occur on the edge of rivers which can be effected by rapidly rising water or flash flood.

No "above water" event will occur unless forecasts for the river catchment areas have been checked the day of the event. Heavy rain in the days preceding or on the day along with dirty water in the river and fast currents are high risk indicators and may require a cancellation of the activity.

Note that instructors busy with the clients will not usually notice rivers changing which may occur very slowly.

Instructors are required to have rescue equipment to effect a water rescue if a client was suddenly swept into the water or falls into the water.

Instructors and bystanders must be able to access water rescue equipment immediately so it must be highly visible and to hand. Minimum requirements are PFD for two adults XL & L Throw Bag- weighted with minimum 15m line

- One adult stationed at the base of the crag is tasked with rescue and must wear a PFD at all times. This adult should be a competent swimmer and have been briefed on throw bag use. The throw bag and second PFD must be to immediate hand and clipped to an anchor point in case of wash.
- In the event of a student or students requiring rescue make the scene safe, evacuate participants to a safe area. Call for help on 111 if able to do so immediately. Start rescue procedure.
- Use throw bag immediately if swimmer is on the surface and able to grab the line.
- If not then second PFD is fitted on instructor and instructor should if safe to do so attempt water rescue by swimming to their aid.
- Instructor/s in the water must keep helmets on particularly when entering rocky areas.
- Adult uses throw bag to aid recovery of both people in the water.

Instructors are required to demonstrate swimming skills and be familiar with the Water Safety Rivers Document.

#### **Fires**

- Stop activity, muster at event site, do head count.
- Check wind direction and strength for direction of fire travel.
- Identify fire size and strength.
- Call fire on 111 and alert other AMNZ staff and site users using UHF radio.
- If safely able evacuate to venue muster point.
- Alert camp warden or site manager/s.
- Begin evacuation of your group via safest route.
- Travel across wind from the fire direction and out of fuel areas. Avoid travelling uphill if able as fire burns up with the available fuel.



# AdventureMasters

# ——New Zealand ———

Over 75 outdoor activities mobile to any venue, for any age, anytime. Because camp just isn't camp without AdventureMasters!



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ADVENTURE, EDUCATION & TEAM BUILDING PROVIDERS

OUT DOOS



# AdventureMasters

New Zealand —

Is proud to introduce Dunedin's newest outdoor activity option Western Hills Adventure Centre

Western Hills is a venue for activities only. We have setup to provide an option for schools wanting day trips and to provide an even greater array of tasks for those on camps in the area.

Looking after our camp clients from Dunedin, Waiora, Tirohanga, Sutton, Berwick and Waihola is still our number one priority. And now in addition to offering our amazing onsite programs we can offer even more with a purpose built adventure venue close to the city.

The topography is amazing and awe inspiring with superb natural features to challenge every age. From towering rock climbs to ancient forest, trickling mountain streams to dark cool caves... there is a surprise around every corner!





Inside the CD you will find heaps of options for EOTC activities at camps, At schools and at our new Dunedin venue.

AMNZ currently offers over 75 activities for schools going on camps and we have a vast array of tasks for onsite school based programs like our amazing Team Building Days or Gunge Wars.

For more information contact us on the numbers below.



Ph/Fax 03 476 7634 Cell 0274 507952 E-mail: amnz1@xtra.co.nz

ADVENTURE, EDUCATION & TEAM BUILDING PROVIDERS

P O Box 6117, Dunedin, 9059, New Zealand



# AdventureMasters



# —— New Zealand ———

#### Dear Client,

These are our RAMS forms which are completed for any every site and every task we operate. They are updated every time we visit an event site and a change is noted or a new hazard is identified. These are NOT operations plans. Our SOPs are a training, resource and instruction manual for every setup and event possibility you can imagine. They are simply a "how too and what if" manual which are updated the same way a RAMS form is, the SOP is reviewed yearly by all staff to identify any changes needed.

Given that they have in many cases taken years to complete and get "just right" they are in some cases hundreds of pages long and treated like gold. RAMS forms are useful to identify changes to a site, new issues or things you had not thought about but offer little in the operation of a specific activity task.

If you are using outside providers to run your tasks then you should be able to sight their operations plan for every task they are running. Given the work that goes into getting these manuals just right no operator would allow their manual to be copied or used by someone else (after all this is what you are paying for, their knowledge, skill, standards and procedures for an activity and all that could possibly occur).

You should however be able to view these at anytime.

If the operator cannot produce the SOP for a task then one would wonder why? And if that is the question then would you really want to hire this person?

Given the number of activities we run at Berwick I have simply left them all in a bunch. These are the most common tasks but certainly not all. Please feel free to print off the RAMS you need for your task to present to the BOT. These forms have been sited and assessed by teachers, outdoor educators and ERO Audits. We have by now been checked many hundreds of times and welcome everyone. Because the day we stop trying to improve our standards is the day we have an accident!

If an "unusual" activity is chosen we will update the RAMS and send it through.

My thanks

#### Evan Jamieson

Evan Jamieson AMNZ

| RAMS Sheet Name   | Page Number to Print |
|---|----------------------|
| Assault Course  | 3                    |
| Gunge War   | 4                    |
| Navigation  | 5                    |
| Confidence Course   | 6                    |
| Team Building activities  | 7                    |
| Flying Kiwi, JJ's Crazy Swing                                       | 8                    |
| Night tasks- Eeling, walking, nature watching, games                | 9                    |
| Bush walk/tramping (Option 1)                                       | 10                   |
| Abseiling   | 11                   |
| Canoeing/Tube Raft Challenge (Man made still water kayaking pond)   | 12                   |
| Mountain Bike Trials Riding   | 13                   |
| Compound Bow Archery  | 14                   |
| Target Shooting- Berwick Lodge Range                                | 15                   |
| Indoor/Tree Climbing  | 16                   |
| Search & Rescue/Bush Survival/CC Navigation                         | 17                   |
| Flying Fox  | 18                   |
| Pioneering  | 19                   |
| Field Tasks- Top Team, Treasure Hunt, Tenting, ATV Kart or Sled tow | 20                   |
| Push kart racing  | 21                   |
| Slippery Slide  | 22                   |
| Incline & Cliff Rescue  | 23                   |
| Blindfold Off Road Driving/4WD Recovery                             | 24                   |

Please note these forms are a very simple short version for public use. Our actual RAMS involve three separate forms and are typically 5-10 pages long for each individual activity. With 8 or 9 tasks a day provided this may involve 80 + pages for any one day. These instructor use only forms are just a small portion of our Standard Operating Procedure (SOP) for each task which again may be up to 300 pages long.

Note: Building evacuations are included in our SOPs for indoor tasks but not included as a hazard on the RAMS sheets as they are extra ordinary events outside the "normal" area of operation.

Emergency actions, management, control, SAPs, methods etc are all contained in our Operations Manuals for each activity but are also condensed into a **Site Safety Manual**. Should an emergency occur all the required information and management procedure is immediately to hand for any instructor, teacher or parent helper.

The large range of venues, methods, sites and other factors mean that the "standard" assessments provided by external providers fall very short of our needs and standards. No AMNZ Instructor is deemed to be "qualified" until they pass our own internal exams for the activities they instruct in.

#### Berwick Lodge Operational Area

Berwick is situated inside an operational forestry area. The forestry owners (and Rural Fire) have provided in depth emergency and evacuation procedures which all persons entering the lodge must comply with. These plans override any and all AMNZ "standard procedures" and must be complied with. These plans have been provided specifically for Berwick Lodge users. As of the 09/08/15 logging operations may start on the bottom entry road into the camp but are limited to outside the front gate and do not impact activities or camp users.

| Activity  | Assault Course   |
|---|--|
| Venue   | Berwick Lodge  |
| Assessment Date   | Update No 12 on 27/01/17, site assessed on Thursday 19th January 2017  |
| Assessor  | Evan Jamieson  |
| This form is taken with<br>Priority 1 (Minimi   | ctivity on this site not withstanding our Activity Operation Plan h us and rechecked/updated on the day before any activity is undertaken. ize risk Level 1) activity is undertaken when access to road south of bus turn around is blocked.   |
|   | on the BAS Map as being off limits.  |
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| Driority 2 (Minimi  | iza risk I aval 2)   |
|   |  |
| Warm up required for p  | participants to reduce muscle strain   |
| Warm up required for process of the Cold weather and cold   | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta  |
| Warm up required for p<br>Cold weather and cold<br>Obstructions in creek-   | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc   |
| Cold weather and cold<br>Obstructions in creek-<br>Double check shoelace  | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event  |
| Warm up required for p<br>Cold weather and cold<br>Obstructions in creek-<br>Double check shoelace  | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc   |
| Warm up required for p<br>Cold weather and cold<br>Obstructions in creek-<br>Double check shoelace  | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event  |
| Warm up required for p<br>Cold weather and cold<br>Obstructions in creek-<br>Double check shoelace  | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event  |
| Warm up required for p<br>Cold weather and cold<br>Obstructions in creek-<br>Double check shoelace  | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event  |
| Warm up required for p<br>Cold weather and cold<br>Obstructions in creek-<br>Double check shoelace  | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event  |
| Warm up required for proceed weather and cold Obstructions in creek-Double check shoelace Route checked for obst  | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event tructions before task and during task.   |
| Warm up required for proceed to the control of the | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event tructions before task and during task.  lize risk)   |
| Warm up required for proceed weather and cold Obstructions in creek-Double check shoelace Route checked for obstance of the our "Neutral Some parts of the our"   | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event tructions before task and during task.  lize risk)  'Classic" assault course route have been removed due to course damage from logging |
| Warm up required for proceed to the control of the | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event tructions before task and during task.  lize risk)   |
| Warm up required for proceed to the control of the | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event tructions before task and during task.  lize risk)  'Classic" assault course route have been removed due to course damage from logging |
| Warm up required for proceed to the control of the | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event tructions before task and during task.  lize risk)  'Classic" assault course route have been removed due to course damage from logging |
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| Warm up required for proceed weather and cold Obstructions in creek-Double check shoelace Route checked for obstance of the our "Neutral Some parts of the our"   | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event tructions before task and during task.  lize risk)  'Classic" assault course route have been removed due to course damage from logging |
| Warm up required for proceed weather and cold Obstructions in creek-Double check shoelace Route checked for obstance of the our "Neutral Some parts of the our"   | participants to reduce muscle strain water may cause asthma attack, medication carried with adult observer incase of atta route walked before event to check for water born debris etc es are done up and correct footwear worn for event tructions before task and during task.  lize risk)  'Classic" assault course route have been removed due to course damage from logging |

| Activity   | Gunge War   |
|--|---|
| Venue  | Berwick Lodge   |
| Assessment Date  | Update No 12 on 27/01/17, site assessed on Thursday 19th January 2017   |
| Assessor   | Evan Jamieson   |
| Risks specific to this ac<br>This form is taken with<br><b>Priority 1 (Minimi</b><br>Nil | ctivity on this site not withstanding our Activity Operation Plan us and rechecked/updated on the day before any activity is undertaken. ze risk Level 1) |
| Pre brief re entry to bui  | ldings when gunged  |
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|  |   |
| Priority 2 (Minimiz  | ze risk Level 2)  |
|  | articipants to reduce muscle strain   |
| Level ground located, c  |   |
| Water for eye irrigation   | if required, hose required by AMNZ from Fire reel and West end of building.   |
|  |   |
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| Priority 3 (Neutrali   | ize risk)   |
| Briefing as per Ops Mar  |   |
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| Activity   | Navigation  |
|--|---|
| Venue  | Berwick Lodge   |
| Assessment Date  | Update No 12 on 27/01/17, site assessed on Thursday 19th January 2017   |
| Assessor   | Evan Jamieson   |
| Risks specific to this ac  | ctivity on this site not withstanding our Activity Operation Plan   |
|  | us and rechecked/updated on the day before any activity is undertaken.  |
| Priority 1 (Minimi   | ze risk Level 1)  |
| Provide AMNZ Berwic  | ck Map identifying potential risks on this site to all participants   |
| Until further notice acc   | cess to the East end of the camp tracks is closed.  |
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|  |   |
| Priority 2 (Minimi   | ze risk Level 2)  |
|  |   |
|  | participants to reduce muscle strain  |
| Warm up required for p<br>Adult helpers at a 1:5 r   | participants to reduce muscle strain ratio  |
| Warm up required for p<br>Adult helpers at a 1:5 r<br>Adults shown area, dis   | participants to reduce muscle strain ratio tance and direction to return to base  |
| Warm up required for p<br>Adult helpers at a 1:5 r<br>Adults shown area, dis<br>Appropriate clothes an   | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity  |
| Warm up required for p<br>Adult helpers at a 1:5 r<br>Adults shown area, dis<br>Appropriate clothes an   | participants to reduce muscle strain ratio tance and direction to return to base  |
| Warm up required for p<br>Adult helpers at a 1:5 r<br>Adults shown area, dis<br>Appropriate clothes an   | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity  |
| Warm up required for p<br>Adult helpers at a 1:5 r<br>Adults shown area, dis<br>Appropriate clothes an   | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity  |
| Warm up required for p<br>Adult helpers at a 1:5 r<br>Adults shown area, dis<br>Appropriate clothes an   | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity  |
| Warm up required for p<br>Adult helpers at a 1:5 r<br>Adults shown area, dis<br>Appropriate clothes an   | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity  |
| Warm up required for p<br>Adult helpers at a 1:5 r<br>Adults shown area, dis<br>Appropriate clothes an   | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity  |
| Warm up required for p<br>Adult helpers at a 1:5 r<br>Adults shown area, dis<br>Appropriate clothes and<br>Clear instructions for a  | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.  |
| Warm up required for partial Adult helpers at a 1:5 r Adults shown area, distance Appropriate clothes and Clear instructions for a Priority 3 (Neutral   | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.  lize risk)                            |
| Warm up required for partial Adult helpers at a 1:5 representation of Adults shown area, discontinuous Appropriate clothes and Clear instructions for a series of the partial of the parti | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.  lize risk) ag pond or abseil tower    |
| Warm up required for p Adult helpers at a 1:5 r Adults shown area, dis Appropriate clothes an Clear instructions for a  Priority 3 (Neutral No routes near kayakin Routes clear of the cree  | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.  lize risk) ag pond or abseil tower ek |
| Warm up required for p Adult helpers at a 1:5 r Adults shown area, dis Appropriate clothes an Clear instructions for a  Priority 3 (Neutral No routes near kayakin Routes clear of the cree  | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.  lize risk) ag pond or abseil tower    |
| Warm up required for p Adult helpers at a 1:5 r Adults shown area, dis Appropriate clothes an Clear instructions for a  Priority 3 (Neutral No routes near kayakin Routes clear of the cree  | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.  lize risk) ag pond or abseil tower ek |
| Warm up required for p Adult helpers at a 1:5 r Adults shown area, dis Appropriate clothes an Clear instructions for a  Priority 3 (Neutral No routes near kayakin Routes clear of the cree  | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.  lize risk) ag pond or abseil tower ek |
| Warm up required for p Adult helpers at a 1:5 r Adults shown area, dis Appropriate clothes an Clear instructions for a  Priority 3 (Neutral No routes near kayakin Routes clear of the cree  | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.  lize risk) ag pond or abseil tower ek |
| Warm up required for p Adult helpers at a 1:5 r Adults shown area, dis Appropriate clothes an Clear instructions for a  Priority 3 (Neutral No routes near kayakin Routes clear of the cree  | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.  lize risk) ag pond or abseil tower ek |
| Warm up required for p Adult helpers at a 1:5 r Adults shown area, dis Appropriate clothes an Clear instructions for a  Priority 3 (Neutral No routes near kayakin Routes clear of the cree  | participants to reduce muscle strain ratio tance and direction to return to base d footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.  lize risk) ag pond or abseil tower ek |

| Activity  | Confidence Course   |
|---|---|
| Venue   | Berwick Lodge   |
| Assessment Date   | Update No 12 on 27/01/17, site assessed on Thursday 19th<br>January 2017  |
| Assessor  | Evan Jamieson   |
| Risks specific to this ac   | tivity on this site not withstanding our Activity Operation Plan  |
| This form is taken with   | us and rechecked/updated on the day before any activity is undertaken.  |
| Priority 1 (Minimiz   |   |
| Off limits to all children  | n & staff until safety training for helpers is complete   |
|   | ned to students and adults at orientation briefing and walk   |
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| Priority 2 (Minimiz   | ze risk Level 2)  |
| Warm up required for pa   | articipants to reduce muscle strain   |
| Adult helpers at a 2:1 ra   | atio for each section of the course involving heights over 1.8m foot rope, 1:1 for other task   |
|   |   |
| Correct methods for task  | ks shown and practiced by adult helpers.  |
|   | ks shown and practiced by adult helpers.  I footwear for activity   |
| Appropriate clothes and   | footwear for activity   |
| Appropriate clothes and Clear instructions for ad   | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.   |
| Appropriate clothes and Clear instructions for ad   | footwear for activity   |
| Appropriate clothes and Clear instructions for ad   | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.   |
| Appropriate clothes and Clear instructions for ad   | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.   |
| Appropriate clothes and Clear instructions for ad   | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.   |
| Appropriate clothes and Clear instructions for ad   | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury.   |
| Appropriate clothes and Clear instructions for ad Moss kill may be require  | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury. red during wet or winter periods to aid traction  |
| Appropriate clothes and Clear instructions for ad Moss kill may be required.  Priority 3 (Neutrali  | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury. red during wet or winter periods to aid traction  ize risk)   |
| Appropriate clothes and Clear instructions for ad Moss kill may be required.  Priority 3 (Neutrali No sections may be under                               | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury. The during wet or winter periods to aid traction  The distriction is a second ready.  The description is a second ready.  |
| Appropriate clothes and Clear instructions for ad Moss kill may be required.  Priority 3 (Neutraling No sections may be under Stress it is not a play are | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury. red during wet or winter periods to aid traction  ize risk) lertaken until adults are in place and ready. rea and fractures or worse could occur if treated as one. |
| Appropriate clothes and Clear instructions for ad Moss kill may be required.  Priority 3 (Neutrali No sections may be under Stress it is not a play are   | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury. The during wet or winter periods to aid traction  The distriction is a second ready.  The description is a second ready.  |
| Appropriate clothes and Clear instructions for ad Moss kill may be required.  Priority 3 (Neutraling No sections may be under Stress it is not a play are | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury. red during wet or winter periods to aid traction  ize risk) lertaken until adults are in place and ready. rea and fractures or worse could occur if treated as one. |
| Appropriate clothes and Clear instructions for ad Moss kill may be required.  Priority 3 (Neutraling No sections may be under Stress it is not a play are | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury. red during wet or winter periods to aid traction  ize risk) lertaken until adults are in place and ready. rea and fractures or worse could occur if treated as one. |
| Appropriate clothes and Clear instructions for ad Moss kill may be required.  Priority 3 (Neutraling No sections may be under Stress it is not a play are | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury. red during wet or winter periods to aid traction  ize risk) lertaken until adults are in place and ready. rea and fractures or worse could occur if treated as one. |
| Appropriate clothes and Clear instructions for ad Moss kill may be required.  Priority 3 (Neutraling No sections may be under Stress it is not a play are | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury. red during wet or winter periods to aid traction  ize risk) lertaken until adults are in place and ready. rea and fractures or worse could occur if treated as one. |
| Appropriate clothes and Clear instructions for ad Moss kill may be required.  Priority 3 (Neutraling No sections may be under Stress it is not a play are | I footwear for activity dults and children regarding rules for event, especially toilet breaks or injury. red during wet or winter periods to aid traction  ize risk) lertaken until adults are in place and ready. rea and fractures or worse could occur if treated as one. |

#### Notes:

All wires have been replaced on this course by AMNZ in 2015 to NZ standards and fastened with DIN spec clamps.

| Activity   | Team Building activities   |
|--|--|
| Venue  | Berwick Lodge  |
| Assessment Date  | Update No 12 on 27/01/17, site assessed on Thursday 19th January 2017  |
| Assessor   | Evan Jamieson  |
|  | tivity on this site not withstanding our Activity Operation Plan   |
| This form is taken with  | us and rechecked/updated on the day before any activity is undertaken.   |
| <b>Priority 1 (Minimiz</b>   | ze risk Level 1)   |
|  | n & staff until safety training for helpers is complete  |
| Risks & reasons explain  | ned to students and adults at orientation briefing and walk  |
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| Priority 2 (Minimi   | ze risk Level 2)   |
|  | participants to reduce muscle strain   |
|  | atio for each section of the course  |
|  | sks shown and practiced by adult helpers.  |
|  |  |
|  | 1 tootwear for activity  |
| Appropriate clothes and  |  |
| Appropriate clothes and Clear instructions for a   | dults and children regarding rules for event, especially toilet breaks or injury.  |
| Appropriate clothes and<br>Clear instructions for a<br>People lifts and risks pr   | dults and children regarding rules for event, especially toilet breaks or injury. racticed and explained.  |
| Appropriate clothes and<br>Clear instructions for a<br>People lifts and risks pr   | dults and children regarding rules for event, especially toilet breaks or injury.  |
| Appropriate clothes and<br>Clear instructions for a<br>People lifts and risks pr   | dults and children regarding rules for event, especially toilet breaks or injury. racticed and explained.  |
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| Appropriate clothes and<br>Clear instructions for a<br>People lifts and risks pr   | dults and children regarding rules for event, especially toilet breaks or injury. racticed and explained.  |
| Appropriate clothes and<br>Clear instructions for a<br>People lifts and risks pr<br>Helpers read and under   | dults and children regarding rules for event, especially toilet breaks or injury. racticed and explained.  estand the role of the tasks and rules of operation with briefing sheets provided   |
| Appropriate clothes and Clear instructions for a People lifts and risks properties and under Helpers read and under Priority 3 (Neutral  | dults and children regarding rules for event, especially toilet breaks or injury. racticed and explained. stand the role of the tasks and rules of operation with briefing sheets provided lize risk)  |
| Appropriate clothes and Clear instructions for a People lifts and risks properties and under Helpers read and under Priority 3 (Neutral No sections may be under the Priority 3 (Neutral Neutral | dults and children regarding rules for event, especially toilet breaks or injury. racticed and explained. stand the role of the tasks and rules of operation with briefing sheets provided  lize risk) dertaken until adults are in place and ready. |
| Appropriate clothes and Clear instructions for a People lifts and risks properties and under Helpers read and under Priority 3 (Neutral No sections may be under the Priority 3 (Neutral | dults and children regarding rules for event, especially toilet breaks or injury. racticed and explained. stand the role of the tasks and rules of operation with briefing sheets provided lize risk)  |
| Appropriate clothes and Clear instructions for a People lifts and risks properties and under Helpers read and under Priority 3 (Neutral No sections may be under   | dults and children regarding rules for event, especially toilet breaks or injury. racticed and explained. stand the role of the tasks and rules of operation with briefing sheets provided  lize risk) dertaken until adults are in place and ready. |
| Appropriate clothes and Clear instructions for a People lifts and risks properties and under Helpers read and under Priority 3 (Neutral No sections may be under the Priority 3 (Neutral | dults and children regarding rules for event, especially toilet breaks or injury. racticed and explained. stand the role of the tasks and rules of operation with briefing sheets provided  lize risk) dertaken until adults are in place and ready. |
| Appropriate clothes and Clear instructions for a People lifts and risks properties and under Helpers read and under Priority 3 (Neutral No sections may be under the Priority 3 (Neutral Neutral | dults and children regarding rules for event, especially toilet breaks or injury. racticed and explained. stand the role of the tasks and rules of operation with briefing sheets provided  lize risk) dertaken until adults are in place and ready. |
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| Appropriate clothes and Clear instructions for a People lifts and risks properties and under Helpers read and under Priority 3 (Neutral No sections may be under the Priority 3 (Neutral | dults and children regarding rules for event, especially toilet breaks or injury. racticed and explained. stand the role of the tasks and rules of operation with briefing sheets provided  lize risk) dertaken until adults are in place and ready. |

| Activity   | Flying Kiwi, JJ's Crazy Swing  |
|--|--|
| Venue  | Berwick Lodge  |
| Assessment Date  | Update No 12 on 27/01/17, site assessed on Thursday 19th<br>January 2017   |
| Assessor   | Evan Jamieson  |
| Risks specific to this ac  | tivity on this site not withstanding our Activity Operation Plan   |
| This form is taken with  | us and rechecked/updated on the day before any activity is undertaken.   |
| Priority 1 (Minimiz  |  |
|  | n & staff until safety training for helpers is complete  |
|  | g area for students and staff  |
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| D. I. A. (2011)  |  |
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|  | ze risk Level 2) participants to reduce muscle strain  |
| Warm up required for p   | participants to reduce muscle strain   |
| Adult helpers at a 1:1 ra  | participants to reduce muscle strain atio for the task as this is all that is required   |
| Warm up required for p<br>Adult helpers at a 1:1 ra<br>Correct methods for tas   | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers.                          |
| Warm up required for p<br>Adult helpers at a 1:1 ra<br>Correct methods for tas   | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers.                          |
| Warm up required for p<br>Adult helpers at a 1:1 ra<br>Correct methods for tas   | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers.                          |
| Warm up required for p<br>Adult helpers at a 1:1 ra<br>Correct methods for tas   | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers.                          |
| Warm up required for p<br>Adult helpers at a 1:1 ra<br>Correct methods for tas   | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers.                          |
| Warm up required for p<br>Adult helpers at a 1:1 ra<br>Correct methods for tas   | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers.                          |
| Warm up required for p<br>Adult helpers at a 1:1 ra<br>Correct methods for tas   | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers.                          |
| Warm up required for p<br>Adult helpers at a 1:1 ra<br>Correct methods for tas   | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers.                          |
| Warm up required for p<br>Adult helpers at a 1:1 ra  | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers.                          |
| Warm up required for p Adult helpers at a 1:1 ra Correct methods for tas Appropriate clothes and                       | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers. I footwear for activity  |
| Warm up required for p Adult helpers at a 1:1 ra Correct methods for tas Appropriate clothes and  Priority 3 (Neutrali | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers. I footwear for activity  |
| Warm up required for p Adult helpers at a 1:1 ra Correct methods for tas Appropriate clothes and                       | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers. I footwear for activity  |
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| Warm up required for p Adult helpers at a 1:1 ra Correct methods for tas Appropriate clothes and                       | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers. If footwear for activity |
| Warm up required for p Adult helpers at a 1:1 ra Correct methods for tas Appropriate clothes and                       | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers. If footwear for activity |
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| Warm up required for p Adult helpers at a 1:1 ra Correct methods for tas Appropriate clothes and                       | participants to reduce muscle strain atio for the task as this is all that is required ks shown and practiced by adult helpers. If footwear for activity |

Notes:

Instructor run task, all methods as per Ops Manual

| Venue Berwick Lodge  Assessment Date Update No 12 on 27/01/17, site assessed on Thursday 19th  January 2017   | Activity                 | Night tasks- Eeling, walking, nature watching, games              |
|---|--------------------------|---|
| January 2017  Assessor Evan Jamieson  Risks specific to this activity on this site not withstanding our Activity Operation Plan  This form is taken with us and rechecked/updated on the day before any activity is undertaken.  Priority 1 (Minimize risk Level 1)  Water areas Off limits to all children & staff until safety training for helpers is complete  Risks & reasons explained to students and adults at orientation briefing and walk  Priority 2 (Minimize risk Level 2)  Torches issued to all participants & checked  Adult helpers at a 1:5 ratio for each section of the course/activity  Correct methods for tasks shown and practiced by adult helpers.  Appropriate clothes and footwear for activity  Clear instructions for adults and children regarding rules for event, especially toilet breaks or injury.  Avoid puddle areas in winter which turn to ICE (N of CC & ENE of AF Bridge)  Identify all water holes over 500mm in creek (3 currently at this date)  Priority 3 (Neutralize risk)  No sections may be undertaken until adults are in place and ready. | Venue                    | Berwick Lodge   |
| Risks specific to this activity on this site not withstanding our Activity Operation Plan This form is taken with us and rechecked/updated on the day before any activity is undertaken.  Priority 1 (Minimize risk Level 1)  Water areas Off limits to all children & staff until safety training for helpers is complete Risks & reasons explained to students and adults at orientation briefing and walk  Priority 2 (Minimize risk Level 2)  Torches issued to all participants & checked Adult helpers at a 1:5 ratio for each section of the course/activity Correct methods for tasks shown and practiced by adult helpers. Appropriate clothes and footwear for activity Clear instructions for adults and children regarding rules for event, especially toilet breaks or injury. Avoid puddle areas in winter which turn to ICE (N of CC & ENE of AF Bridge) Identify all water holes over 500mm in creek (3 currently at this date)  Priority 3 (Neutralize risk) No sections may be undertaken until adults are in place and ready.  | Assessment Date          |   |
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| Torches issued to all participants & checked  Adult helpers at a 1:5 ratio for each section of the course/activity  Correct methods for tasks shown and practiced by adult helpers.  Appropriate clothes and footwear for activity  Clear instructions for adults and children regarding rules for event, especially toilet breaks or injury.  Avoid puddle areas in winter which turn to ICE (N of CC & ENE of AF Bridge)  Identify all water holes over 500mm in creek (3 currently at this date)  Priority 3 (Neutralize risk)  No sections may be undertaken until adults are in place and ready.   |                          |   |
| Torches issued to all participants & checked  Adult helpers at a 1:5 ratio for each section of the course/activity  Correct methods for tasks shown and practiced by adult helpers.  Appropriate clothes and footwear for activity  Clear instructions for adults and children regarding rules for event, especially toilet breaks or injury.  Avoid puddle areas in winter which turn to ICE (N of CC & ENE of AF Bridge)  Identify all water holes over 500mm in creek (3 currently at this date)  Priority 3 (Neutralize risk)  No sections may be undertaken until adults are in place and ready.   |                          |   |
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| Adult helpers at a 1:5 ratio for each section of the course/activity  Correct methods for tasks shown and practiced by adult helpers.  Appropriate clothes and footwear for activity  Clear instructions for adults and children regarding rules for event, especially toilet breaks or injury.  Avoid puddle areas in winter which turn to ICE (N of CC & ENE of AF Bridge)  Identify all water holes over 500mm in creek (3 currently at this date)  Priority 3 (Neutralize risk)  No sections may be undertaken until adults are in place and ready.   |                          |   |
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| Identify all water holes over 500mm in creek (3 currently at this date)  Priority 3 (Neutralize risk)  No sections may be undertaken until adults are in place and ready.   |                          |   |
| Priority 3 (Neutralize risk) No sections may be undertaken until adults are in place and ready.   | Avoid puddle areas in    | winter which turn to ICE (N of CC & ENE of AF Bridge)             |
| No sections may be undertaken until adults are in place and ready.  | Identify all water holes | s over 500mm in creek (3 currently at this date)                  |
| No sections may be undertaken until adults are in place and ready.  |                          |   |
| No sections may be undertaken until adults are in place and ready.  |                          |   |
| No sections may be undertaken until adults are in place and ready.  |                          |   |
| No sections may be undertaken until adults are in place and ready.  | Dujanity 2 (Nautus)      | lizo wiels)   |
|   |                          |   |
| Noop tasks slow & groups quiet to aid management  |                          |   |
|   | rech mays alow or 810    | ups quiet to aid manugement                                       |
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Notes:

Creek activities are checked immediately prior to the activity to confirm depth and any holes or changes

| Activity<br>Venue   | Bush walk/tramping (Option 1)   |
|---|---|
|   | Berwick Lodge   |
| Assessment Date   | Update No 12 on 27/01/17, site assessed on Thursday 19th January 2017   |
| Assessor  | Evan Jamieson   |
| Risks specific to this ac   | tivity on this site not withstanding our Activity Operation Plan  |
|   | us and rechecked/updated on the day before any activity is undertaken.  |
| Priority 1 (Minimiz   |   |
|   | o go restrictions in camp environs advised by Camp Warden   |
|   | ear logging/fall area identified on operation map   |
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| D 1 1/2 0 27 27 1 1   |   |
| Priority 2 (Minimiz   |   |
|   | articipants to reduce muscle strain   |
| Adult helpers at a 1:6 ra   |   |
| Medication carried for t  | hose who need it, medical kit carried by AMNZ instructor  |
|   | footygon/gooks for notivity   |
| Appropriate clothes and   | TOUTWEAT/SUCKS TOT ACTIVITY   |
|   |   |
|   | lults and children regarding rules for event, especially toilet breaks or injury.   |
| Clear instructions for ad   |   |
| Clear instructions for ad   | lults and children regarding rules for event, especially toilet breaks or injury.   |
| Clear instructions for ad   | lults and children regarding rules for event, especially toilet breaks or injury.   |
| Clear instructions for ad   | lults and children regarding rules for event, especially toilet breaks or injury.   |
| Clear instructions for ad   | lults and children regarding rules for event, especially toilet breaks or injury.   |
| Clear instructions for ad   | lults and children regarding rules for event, especially toilet breaks or injury.   |
| Clear instructions for ad<br>Radio coms for leaders   | lults and children regarding rules for event, especially toilet breaks or injury.  at set intervals including front & rear  |
| Clear instructions for ad Radio coms for leaders  Priority 3 (Neutrali                                  | dults and children regarding rules for event, especially toilet breaks or injury.  at set intervals including front & rear  ize risk)   |
| Clear instructions for ad Radio coms for leaders  Priority 3 (Neutrali No children or adults ma         | dults and children regarding rules for event, especially toilet breaks or injury.  at set intervals including front & rear  ize risk)  ay leave the group to "go to the toilet" in the bush. ALL tasks are done in pairs and all must |
| Clear instructions for ad Radio coms for leaders  Priority 3 (Neutrali No children or adults ma         | dults and children regarding rules for event, especially toilet breaks or injury.  at set intervals including front & rear  ize risk)  ay leave the group to "go to the toilet" in the bush. ALL tasks are done in pairs and all must |
| Clear instructions for ad<br>Radio coms for leaders   | dults and children regarding rules for event, especially toilet breaks or injury.  at set intervals including front & rear  ize risk)  ay leave the group to "go to the toilet" in the bush. ALL tasks are done in pairs and all must |
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| Clear instructions for ad Radio coms for leaders  Priority 3 (Neutrali No children or adults ma         | dults and children regarding rules for event, especially toilet breaks or injury.  at set intervals including front & rear  ize risk)  ay leave the group to "go to the toilet" in the bush. ALL tasks are done in pairs and all must |
| Clear instructions for ad<br>Radio coms for leaders<br>Priority 3 (Neutrali<br>No children or adults ma | dults and children regarding rules for event, especially toilet breaks or injury.  at set intervals including front & rear  ize risk)  ay leave the group to "go to the toilet" in the bush. ALL tasks are done in pairs and all must |
| Clear instructions for ad<br>Radio coms for leaders<br>Priority 3 (Neutrali<br>No children or adults ma | dults and children regarding rules for event, especially toilet breaks or injury.  at set intervals including front & rear  ize risk)  ay leave the group to "go to the toilet" in the bush. ALL tasks are done in pairs and all must |

#### Notes:

All walking groups in the forest MUST have a Fluro Vest at front and rear of walking groups to aid visibility for logging traffic or SAR/Forest Evacuation. Forestry Rule.

| Abseiling  |
|--|
| Berwick Lodge  |
| Update No 12 on 27/01/17, site assessed on Thursday 19th |
| January 2017   |
| Evan Jamieson  |
|  |

Risks specific to this activity on this site not withstanding our Activity Operation Plan
This form is taken with us and rechecked/updated on the day before any activity is undertaken.

| This form is taken with us and rechecked/updated on the day before any activity is undertaken.                         |
|--|
| Priority 1 (Minimize risk Level 1)   |
| Tower is Off limits to all children & staff until safety training for helpers is complete & instructor is on the tower |
| Risks & reasons explained to students and adults at orientation briefing and walk                                      |
| Locked gate is a no go area  |
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| Priority 2 (Minimize risk Level 2)   |
| No load limit is on the tower so AMNZ policy is 1 instructor, 1 adult helper and 2 students maximum (300kg)            |
| Adult helpers are two required, one for top and one for bottom.  |
| Correct methods for tasks shown and practiced by adult helpers.  |
| Appropriate clothes and footwear for activity along with safety gear (supplied)  |
| Clear instructions for adults and children regarding rules for event, especially toilet breaks.                        |
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| Priority 3 (Neutralize risk)   |
| Adult helper at base of tower must wear helmet and be clear of base during the abseil                                  |
| Extreme winds may occur on occasion- evacuation may be required due to tree fall risk on entry road                    |
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| Activity                  | Canoeing/Tube Raft Challenge (Man made still water                                      |
|---------------------------|---|
| <u> </u>                  | kayaking pond)  |
| Venue                     | Berwick Lodge   |
| Assessment Date           | Update No 12 on 27/01/17, site assessed on Thursday 19th                                |
|                           | January 2017  |
| Assessor                  | Evan Jamieson   |
| Risks specific to this ac | tivity on this site not withstanding our Activity Operation Plan                        |
| This form is taken with   | us and rechecked/updated on the day before any activity is undertaken.                  |
| Priority 1 (Minimi        | ze risk Level 1)  |
|                           | n & staff until safety training for helpers is complete                                 |
|                           | ned to students and adults at orientation briefing and walk                             |
| Off limits to all people  | until buoyancy aid fitment is demonstrated, fitted and checked by instructors/adults    |
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| Priority 2 (Minimiz       |   |
| Adult helpers at a 1:3 ra |   |
|                           | ks shown and practiced by adult helpers.  |
|                           | he weather element is the biggest risk- sun burn & cold                                 |
| Appropriate clothes and   |   |
| Clear instructions for ac | dults and children regarding rules for event, especially if a child falls in the water. |
| No jumping off jetty int  | to pond as water is shallow (400mm) and has rocks in mud                                |
|                           |   |
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| Priority 3 (Neutrali      | ize rick)   |
|                           | r until adults are in place and ready.  |
| No children in the water  | diffinations are in place and ready.  |
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|   | Mountain Bike Trials Riding   |
|---|---|
| Activity<br>Venue   | Berwick Lodge   |
| Assessment Date   | Update No 12 on 27/01/17, site assessed on Thursday 19th January 2017   |
| Assessor  | Evan Jamieson   |
| Risks specific to this ac   | ctivity on this site not withstanding our Activity Operation Plan   |
| This form is taken with   | us and rechecked/updated on the day before any activity is undertaken.  |
| Priority 1 (Minimi  | ze risk Level 1)  |
| Roads within the camp   | have no vehicle movements on them   |
| No biking near the kay  | ak pond edges or tracks to the South west side  |
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| <b>Priority 2 (Minimi</b>   | ze risk Level 2)  |
| No speed rides down a   | ravel roads due to fall risk  |
| No speed flues down g   | raver roads due to rair risk  |
|   | ratio for each section of the course  |
| Adult helpers at a 1:5 r  | ratio for each section of the course  |
| Adult helpers at a 1:5 r<br>Correct methods for ta  | ratio for each section of the course sks shown and practiced by adult helpers.  |
| Adult helpers at a 1:5 r<br>Correct methods for tas<br>Appropriate clothes an   | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted.   |
| Adult helpers at a 1:5 r<br>Correct methods for tas<br>Appropriate clothes an<br>Clear instructions for a   | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury.   |
| Adult helpers at a 1:5 r<br>Correct methods for tas<br>Appropriate clothes an<br>Clear instructions for a   | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted.   |
| Adult helpers at a 1:5 r<br>Correct methods for tas<br>Appropriate clothes an<br>Clear instructions for a   | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury.   |
| Adult helpers at a 1:5 r<br>Correct methods for tas<br>Appropriate clothes an<br>Clear instructions for a   | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury.   |
| Adult helpers at a 1:5 r<br>Correct methods for tas<br>Appropriate clothes an<br>Clear instructions for a   | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury.   |
| Adult helpers at a 1:5 r<br>Correct methods for tas<br>Appropriate clothes an<br>Clear instructions for a   | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury.   |
| Adult helpers at a 1:5 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Trails course involves   | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury. very slow control, balance & co-ordination skills so an injury fall is extremely low risk.  |
| Adult helpers at a 1:5 r Correct methods for tax Appropriate clothes an Clear instructions for a Trails course involves   | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury. very slow control, balance & co-ordination skills so an injury fall is extremely low risk.  lize risk)  |
| Adult helpers at a 1:5 r Correct methods for tax Appropriate clothes an Clear instructions for a Trails course involves  Priority 3 (Neutral No sections may be un  | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury. very slow control, balance & co-ordination skills so an injury fall is extremely low risk.  lize risk) dertaken until adults are in place and ready.  |
| Adult helpers at a 1:5 r Correct methods for tax Appropriate clothes an Clear instructions for a Trails course involves  Priority 3 (Neutral No sections may be un No riding across foot b                        | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury. very slow control, balance & co-ordination skills so an injury fall is extremely low risk.  lize risk) dertaken until adults are in place and ready. bridges within the camp or near the creek west of the flying fox start area.                                     |
| Adult helpers at a 1:5 r Correct methods for tax Appropriate clothes an Clear instructions for a Trails course involves  Priority 3 (Neutral No sections may be un No riding across foot b Danger tape or block o | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury. very slow control, balance & co-ordination skills so an injury fall is extremely low risk.  lize risk) dertaken until adults are in place and ready. bridges within the camp or near the creek west of the flying fox start area.  off the east end of the hill track |
| Adult helpers at a 1:5 r Correct methods for tax Appropriate clothes an Clear instructions for a Trails course involves  Priority 3 (Neutral No sections may be un No riding across foot b Danger tape or block o | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury. very slow control, balance & co-ordination skills so an injury fall is extremely low risk.  lize risk) dertaken until adults are in place and ready. bridges within the camp or near the creek west of the flying fox start area.  off the east end of the hill track |
| Adult helpers at a 1:5 r Correct methods for tax Appropriate clothes an Clear instructions for a Trails course involves  Priority 3 (Neutral No sections may be un No riding across foot b Danger tape or block o | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury. very slow control, balance & co-ordination skills so an injury fall is extremely low risk.  lize risk) dertaken until adults are in place and ready. bridges within the camp or near the creek west of the flying fox start area.                                     |
| Adult helpers at a 1:5 r Correct methods for tax Appropriate clothes an Clear instructions for a Trails course involves  Priority 3 (Neutral No sections may be un No riding across foot b Danger tape or block o | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury. very slow control, balance & co-ordination skills so an injury fall is extremely low risk.  lize risk) dertaken until adults are in place and ready. bridges within the camp or near the creek west of the flying fox start area.  off the east end of the hill track |
| Adult helpers at a 1:5 r Correct methods for tax Appropriate clothes an Clear instructions for a Trails course involves  Priority 3 (Neutral No sections may be un No riding across foot b Danger tape or block o | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury. very slow control, balance & co-ordination skills so an injury fall is extremely low risk.  lize risk) dertaken until adults are in place and ready. bridges within the camp or near the creek west of the flying fox start area.  off the east end of the hill track |
| Adult helpers at a 1:5 r Correct methods for tax Appropriate clothes an Clear instructions for a Trails course involves  Priority 3 (Neutral No sections may be un No riding across foot b Danger tape or block o | ratio for each section of the course sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event, especially toilet breaks or injury. very slow control, balance & co-ordination skills so an injury fall is extremely low risk.  lize risk) dertaken until adults are in place and ready. bridges within the camp or near the creek west of the flying fox start area.  off the east end of the hill track |

#### Notes:

Special Hazard Warning, Logging operations. Residual logs and sticks are hidden under grass and pose considerable risk if riders venture off track.

| Activity        | Compound Bow Archery                                     |
|-----------------|--|
| Venue           | Berwick Lodge  |
| Assessment Date | Update No 12 on 27/01/17, site assessed on Thursday 19th |
|                 | January 2017   |
| Assessor        | Evan Jamieson  |
| D: 1 :0 : 1:    |  |

Risks specific to this activity on this site not withstanding our Activity Operation Plan
This form is taken with us and rechecked/updated on the day before any activity is undertaken.

| Priority 1 (Minimize risk Level 1)  |  |
|---|--|
| Off limits to all children & staff until safety training for helpers is complete  |  |
| Risks & reasons explained to students and adults at orientation briefing and walk |  |
| All areas East of the range are closed during the activity day.                   |  |
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| Priority 2 (Minimize risk Level 2)  |
|---|
| Warm up required for participants to reduce muscle strain                                     |
| Adult helpers at a 1:1 ratio for each archer  |
| Correct methods for tasks shown and practiced by adult helpers.                               |
| Appropriate clothes and footwear for activity   |
| Clear instructions for adults and children regarding rules for event, especially range rules. |
| Wrist guards worn at all times  |
| Bow pull customized to suit range of sizes & strengths  |
| Special warning regarding elbow flexation with young ladies                                   |
| Wind direction & strength checked per Archery Operations Manual                               |

#### Priority 3 (Neutralize risk)

| Priority 3 (Neutralize risk)                             |
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| Area fenced off and range block clearly marked           |
| Range Officer has control of the range during operations |
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| Activity                   | Target Shooting- Berwick Lodge Range   |
|----------------------------|--|
| Venue Venue                | Berwick Lodge  |
| Assessment Date            | Update No 12 on 27/01/17, site assessed on Thursday 19th                               |
|                            | January 2017   |
| Assessor                   | Evan Jamieson  |
| Risks specific to this ac  | ctivity on this site not withstanding our Activity Operation Plan                      |
| This form is taken with    | us and rechecked/updated on the day before any activity is undertaken.                 |
| Priority 1 (Minimi         | ze risk Level 1)   |
| Off limits to all childre  | en & staff until safety training for helpers is complete                               |
| Safety fence required b    | between shooting stand & target area   |
| 70.0                       |  |
| If forestry traffic or tra | nsport to range is an issue then the second option for a range inside the camp is used |
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| Davis anitas 2 (Minsiansi  | en wish Lavel 2\   |
| Priority 2 (Minimi         |  |
|                            | re the ditch at the range on the road  |
| Adult helpers at a 1:1 i   | sks shown and practiced by adult helpers.  |
|                            | d footwear for activity  |
|                            | dults and children regarding rules for event, especially range rules.                  |
|                            | mmer & cold in the winter  |
| Extreme heat in the sui    | inner & cold in the winter   |
|                            |  |
|                            |  |
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| Priority 3 (Neutra         | lize risk)   |
|                            | nge block clearly marked   |
|                            | use on road side of entry bridge   |
|                            | · · ·  |
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| Activity  | Indoor or Tree Climbing (Belayed)  |
|---|--|
| Venue   | Berwick Lodge  |
| Assessment Date   | Update No 12 on 27/01/17, site assessed on Thursday 19th<br>January 2017   |
| Assessor  | Evan Jamieson  |
| Risks specific to this ac   | ctivity on this site not withstanding our Activity Operation Plan  |
|   | us and rechecked/updated on the day before any activity is undertaken.   |
| Priority 1 (Minimi  | ze risk Level 1)   |
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| Priority 2 (Minimi  | ze risk Level 2)   |
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| Clear "handling area" f   | for climber/belayers   |
| Clear "handling area" f<br>Adult helpers at a 1:1 r   | for climber/belayers atio for each climber   |
| Clear "handling area" f<br>Adult helpers at a 1:1 r<br>Correct methods for tas  | for climber/belayers atio for each climber sks shown and practiced by adult helpers.   |
| Appropriate clothes and   | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted.  |
| Clear "handling area" f<br>Adult helpers at a 1:1 r<br>Correct methods for tas<br>Appropriate clothes and   | for climber/belayers atio for each climber sks shown and practiced by adult helpers.   |
| Clear "handling area" f<br>Adult helpers at a 1:1 r<br>Correct methods for tas<br>Appropriate clothes and   | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted.  |
| Clear "handling area" f<br>Adult helpers at a 1:1 r<br>Correct methods for tas<br>Appropriate clothes and   | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted.  |
| Clear "handling area" f<br>Adult helpers at a 1:1 r<br>Correct methods for tas<br>Appropriate clothes and   | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted.  |
| Clear "handling area" f<br>Adult helpers at a 1:1 r<br>Correct methods for tas<br>Appropriate clothes and   | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted.  |
| Clear "handling area" f<br>Adult helpers at a 1:1 r<br>Correct methods for tas<br>Appropriate clothes and   | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted.  |
| Clear "handling area" f<br>Adult helpers at a 1:1 r<br>Correct methods for tas<br>Appropriate clothes and   | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted.  |
| Clear "handling area" f<br>Adult helpers at a 1:1 r<br>Correct methods for tas<br>Appropriate clothes and<br>Clear instructions for a   | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event & gear safety   |
| Clear "handling area" f Adult helpers at a 1:1 r Correct methods for tas Appropriate clothes and Clear instructions for a   | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event & gear safety   |
| Clear "handling area" f Adult helpers at a 1:1 r Correct methods for tas Appropriate clothes and Clear instructions for a  Priority 3 (Neutral Doors to gym may be o  | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event & gear safety  lize risk) spened on hot days, wind can slam them closed so must be secured to prevent injury  |
| Clear "handling area" for Adult helpers at a 1:1 represents a 1:1 represents a for tast Appropriate clothes and Clear instructions for a second priority 3 (Neutral Doors to gym may be of Use both rated and unranged).                      | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event & gear safety  lize risk) spened on hot days, wind can slam them closed so must be secured to prevent injury ated twin chains for top rope attachment point off the rafter              |
| Clear "handling area" for Adult helpers at a 1:1 represents a 1:1 represents a for task Appropriate clothes and Clear instructions for a second priority 3 (Neutral Doors to gym may be of Use both rated and unrangloves required for trees. | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event & gear safety  lize risk) spened on hot days, wind can slam them closed so must be secured to prevent injury ated twin chains for top rope attachment point off the rafter the climbing |
| Clear "handling area" f Adult helpers at a 1:1 r Correct methods for tas Appropriate clothes and Clear instructions for a  Priority 3 (Neutral Doors to gym may be o Use both rated and unra Gloves required for tree                         | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event & gear safety  lize risk) spened on hot days, wind can slam them closed so must be secured to prevent injury ated twin chains for top rope attachment point off the rafter              |
| Clear "handling area" f Adult helpers at a 1:1 r Correct methods for tas Appropriate clothes and Clear instructions for a  Priority 3 (Neutral Doors to gym may be o Use both rated and unra Gloves required for tree                         | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event & gear safety  lize risk) spened on hot days, wind can slam them closed so must be secured to prevent injury ated twin chains for top rope attachment point off the rafter the climbing |
| Clear "handling area" f Adult helpers at a 1:1 r Correct methods for tas Appropriate clothes and Clear instructions for a  Priority 3 (Neutral Doors to gym may be o Use both rated and unra Gloves required for tree                         | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event & gear safety  lize risk) spened on hot days, wind can slam them closed so must be secured to prevent injury ated twin chains for top rope attachment point off the rafter the climbing |
| Clear "handling area" f Adult helpers at a 1:1 r Correct methods for tas Appropriate clothes and Clear instructions for a  Priority 3 (Neutral Doors to gym may be o Use both rated and unra Gloves required for tree                         | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event & gear safety  lize risk) spened on hot days, wind can slam them closed so must be secured to prevent injury ated twin chains for top rope attachment point off the rafter the climbing |
| Clear "handling area" f Adult helpers at a 1:1 r Correct methods for tas Appropriate clothes and Clear instructions for a  Priority 3 (Neutral Doors to gym may be o Use both rated and unra Gloves required for tree                         | for climber/belayers atio for each climber sks shown and practiced by adult helpers. d footwear for activity, helmets correctly fitted. dults and children regarding rules for event & gear safety  lize risk) spened on hot days, wind can slam them closed so must be secured to prevent injury ated twin chains for top rope attachment point off the rafter the climbing |

| Activity  | Search & Rescue/Bush Survival/CC Navigation  |
|---|--|
| Venue   | Berwick Lodge  |
| Assessment Date   | Update No 12 on 27/01/17, site assessed on Thursday 19th January 2017  |
| Assessor  | Evan Jamieson  |
| Risks specific to this ac   | ctivity on this site not withstanding our Activity Operation Plan  |
|   | us and rechecked/updated on the day before any activity is undertaken.   |
| <b>Priority 1 (Minimi</b>   | ze risk Level 1)   |
| Roads within the camp   | have no vehicle movements on them  |
| No logging or poison of   | operations are in place in the immediate camp environs to run this activity  |
|   | go areas for search teams.   |
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| Priority 2 (Minimi  | ze risk Level 2)   |
| 7. 3  | ize risk Level 2) Group Leader around site to identify land marks  |
| Walk SAR Controller/<br>Adult helpers at a 1:5 r  | Group Leader around site to identify land marks ratio  |
| Walk SAR Controller/<br>Adult helpers at a 1:5 r<br>Correct methods for ta  | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers.  |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tax<br>Appropriate clothes an   | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked.   |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tax<br>Appropriate clothes an<br>Clear instructions for a   | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury.   |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tax<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task  | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller   |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tas<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task<br>Identify holes in creek   | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller that are potential danger areas due to depth (.75m or greater)  |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tas<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task<br>Identify holes in creek   | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller   |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tax<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task<br>Identify holes in creek<br>Wasps, honey and burn  | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller that are potential danger areas due to depth (.75m or greater)  |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task<br>Identify holes in creek<br>Wasps, honey and burn<br>kits have oral & topica                             | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller that are potential danger areas due to depth (.75m or greater) able bees and other stinging/biting insects can be an issue during summer and winter, all me   |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task<br>Identify holes in creek<br>Wasps, honey and burn<br>kits have oral & topica                             | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller that are potential danger areas due to depth (.75m or greater) able bees and other stinging/biting insects can be an issue during summer and winter, all me I antihistamine in them   |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task<br>Identify holes in creek<br>Wasps, honey and burn<br>kits have oral & topica                             | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller that are potential danger areas due to depth (.75m or greater) able bees and other stinging/biting insects can be an issue during summer and winter, all me and antihistamine in them and has, lost persons, lost teams during this task. Coms limited S of pond. |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task<br>Identify holes in creek<br>Wasps, honey and burn<br>kits have oral & topica<br>Clear rules for lost con | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller that are potential danger areas due to depth (.75m or greater) able bees and other stinging/biting insects can be an issue during summer and winter, all me and antihistamine in them and has, lost persons, lost teams during this task. Coms limited S of pond. |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task<br>Identify holes in creek<br>Wasps, honey and burn<br>kits have oral & topica<br>Clear rules for lost con | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller that are potential danger areas due to depth (.75m or greater) able bees and other stinging/biting insects can be an issue during summer and winter, all me and antihistamine in them and has, lost persons, lost teams during this task. Coms limited S of pond. |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task<br>Identify holes in creek<br>Wasps, honey and burn<br>kits have oral & topica<br>Clear rules for lost con | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller that are potential danger areas due to depth (.75m or greater) able bees and other stinging/biting insects can be an issue during summer and winter, all me and antihistamine in them and has, lost persons, lost teams during this task. Coms limited S of pond. |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task<br>Identify holes in creek<br>Wasps, honey and burn<br>kits have oral & topica<br>Clear rules for lost con | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller that are potential danger areas due to depth (.75m or greater) able bees and other stinging/biting insects can be an issue during summer and winter, all me and antihistamine in them and has, lost persons, lost teams during this task. Coms limited S of pond. |
| Walk SAR Controller/Adult helpers at a 1:5 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Rules for searches/task<br>Identify holes in creek<br>Wasps, honey and burn<br>kits have oral & topica<br>Clear rules for lost con | Group Leader around site to identify land marks ratio sks shown and practiced by adult helpers. d footwear for activity, radios checked. dults and children regarding rules for event, especially toilet breaks or injury. s near the creek or pond explained to students and controller that are potential danger areas due to depth (.75m or greater) able bees and other stinging/biting insects can be an issue during summer and winter, all me and antihistamine in them and has, lost persons, lost teams during this task. Coms limited S of pond. |

Notes: two areas of trees and bush exist at present, the forest on the Northern edge of the camp and the bush on the SW corner of the pond
These areas provide ample area to operate in.

| Activity                  | Flying Fox   |
|---------------------------|--|
| Venue                     | Berwick Lodge  |
| Assessment Date           | Update No 12 on 27/01/17, site assessed on Thursday 19th January 2017                        |
| Assessor                  | Evan Jamieson  |
| Risks specific to this ac | ctivity on this site not withstanding our Activity Operation Plan                            |
| This form is taken with   | us and rechecked/updated on the day before any activity is undertaken.                       |
| Priority 1 (Minimi        | ze risk Level 1)   |
| Flying Fox remains loc    | eked when not supervised   |
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| Priority 2 (Minimi        | ze risk Level 2)   |
| Lodge operation plan for  | or this task is read by adult helpers  |
| Adult helpers at a 2:10   | ratio  |
| Correct methods for tas   | sks shown and practiced by adult helpers.  |
| Appropriate clothes and   | d footwear for activity.   |
| Clear instructions for a  | dults and children regarding rules for event, especially toilet breaks or injury.            |
|                           | the stopping point for the activity and the risk of attempting to jump off when moving       |
|                           | held in the hand or tucked in the body cavity in a manner which will stop any possibility of |
|                           | in use & if dropped it must not catch on the body or hand of the user                        |
| it come dropped winte     | in abo to it dropped it most not eaten on the body of hand of the abor                       |
|                           |  |
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| Priority 3 (Neutral       | iza riek   |
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|                           | required they are recommended for this FF during a camp run by AMNZ and are provided         |
| while the risk of head i  | njury trauma is low the helmet requirement will be enforced                                  |
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Notes:

AMNZ has been asked to install a new Flying Fox and this has been completed

| Activity   | Pioneering   |
|--|--|
| Venue  | Berwick Lodge  |
| Assessment Date  | Update No 12 on 27/01/17, site assessed on Thursday 19th<br>January 2017   |
| Assessor   | Evan Jamieson  |
|  | ctivity on this site not withstanding our Activity Operation Plan<br>us and rechecked/updated on the day before any activity is undertaken.<br>ze risk Level 1)  |
| Nil  | Ze risk Level 1)   |
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| Priority 2 (Minimi   | ze risk Level 2)   |
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| Adult helpers at a 1:6 r   | ing involved, water 600mm deep, clean bottom and no obstructions ratio   |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for ta  | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers.   |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tax<br>Appropriate clothes an   | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity   |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tax<br>Appropriate clothes an   | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers.   |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tax<br>Appropriate clothes an<br>Clear instructions for a   | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity dults and children regarding rules for event, especially falling into the water.  |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Position 2 N edge of the                             | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity   |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Position 2 N edge of the                             | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity dults and children regarding rules for event, especially falling into the water.  the forest, ground clean with little obstruction  |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Position 2 N edge of the                             | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity dults and children regarding rules for event, especially falling into the water.  the forest, ground clean with little obstruction  |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Position 2 N edge of th<br>Position 2 requires clear | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity dults and children regarding rules for event, especially falling into the water.  the forest, ground clean with little obstruction ar areas with no windfall debris, check wind direction and strength is under 15kts |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Position 2 N edge of th<br>Position 2 requires clear | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity dults and children regarding rules for event, especially falling into the water.  the forest, ground clean with little obstruction ar areas with no windfall debris, check wind direction and strength is under 15kts |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Position 2 N edge of th<br>Position 2 requires clear | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity dults and children regarding rules for event, especially falling into the water.  the forest, ground clean with little obstruction ar areas with no windfall debris, check wind direction and strength is under 15kts |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Position 2 N edge of th<br>Position 2 requires clear | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity dults and children regarding rules for event, especially falling into the water.  the forest, ground clean with little obstruction ar areas with no windfall debris, check wind direction and strength is under 15kts |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Position 2 N edge of the                             | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity dults and children regarding rules for event, especially falling into the water.  the forest, ground clean with little obstruction ar areas with no windfall debris, check wind direction and strength is under 15kts |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Position 2 N edge of th<br>Position 2 requires clear | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity dults and children regarding rules for event, especially falling into the water.  the forest, ground clean with little obstruction ar areas with no windfall debris, check wind direction and strength is under 15kts |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Position 2 N edge of th<br>Position 2 requires clear | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity dults and children regarding rules for event, especially falling into the water.  the forest, ground clean with little obstruction ar areas with no windfall debris, check wind direction and strength is under 15kts |
| Position 1 Creek crossi<br>Adult helpers at a 1:6 r<br>Correct methods for tar<br>Appropriate clothes an<br>Clear instructions for a<br>Position 2 N edge of th<br>Position 2 requires clear | ing involved, water 600mm deep, clean bottom and no obstructions ratio sks shown and practiced by adult helpers. d footwear for activity dults and children regarding rules for event, especially falling into the water.  the forest, ground clean with little obstruction ar areas with no windfall debris, check wind direction and strength is under 15kts |

| Field Tasks- Top Team, Treasure Hunt, Tenting, Tow tasks              |
|---|
| Berwick Lodge   |
| Update No 12 on 27/01/17, site assessed on Thursday 19th January 2017 |
| Evan Jamieson   |
|   |

| This form is taken with as and make the day dated on the day to form in taken and the day of the day to the day of the da |
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| This form is taken with us and rechecked/updated on the day before any activity is undertaken.   |
| Priority 1 (Minimize risk Level 1)   |
| Any task operated in the field area must be clear of tree fall areas in windy conditions with priority on tent tasks   |
| Waiting area for students and adults clearly defined and fenced with road cones or safety fence  |
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| The transfer of the state of th |
| Priority 2 (Minimize risk Level 2)   |
| Correct methods for tasks shown and practiced by adult helpers.  |
| Appropriate clothes and footwear for activity  |
| Rain may cause puddles in low lying areas of the field   |
| Clear views of the field area are provided from the camp BBQ/Kitchen area  |
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| D 2 (N   |
| Priority 3 (Neutralize risk)   |
| No field activities are to be operated near old logging skid area due to mud, sharp sticks and debris  |
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| Activity   | Push kart racing   |
|--|--|
| Venue  | Berwick Lodge  |
| Assessment Date  | Update No 12 on 27/01/17, site assessed on Thursday 19th January 2017  |
| Assessor   | Evan Jamieson  |
| Risks specific to this ac  | tivity on this site not withstanding our Activity Operation Plan   |
|  | us and rechecked/updated on the day before any activity is undertaken.   |
| Priority 1 (Minimi   | ze risk Level 1)   |
|  | have no vehicle movements on them  |
|  | orth & South of the kart area  |
| TWO VOINGIO GOODS TO TW  | ordine bottli of the nare area   |
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| Priority 2 (Minimi   | ze risk Level 2)   |
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| No speed rides down g  | ravel roads past the start point   |
| No speed rides down g<br>Adult helpers at a 1:5 r  | ravel roads past the start point atio for each section of the course   |
| No speed rides down g<br>Adult helpers at a 1:5 r<br>Correct methods for tas   | ravel roads past the start point atio for each section of the course ks shown and practiced by adult helpers.  |
| No speed rides down go<br>Adult helpers at a 1:5 re<br>Correct methods for tas<br>Appropriate clothes and  | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted.   |
| No speed rides down gradult helpers at a 1:5 ractions for task Appropriate clothes and Clear instructions for a  | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If dults and children regarding rules for event, especially toilet breaks or injury.  |
| No speed rides down gr<br>Adult helpers at a 1:5 r<br>Correct methods for tas<br>Appropriate clothes and<br>Clear instructions for a   | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted.   |
| Adult helpers at a 1:5 re<br>Correct methods for tas<br>Appropriate clothes and<br>Clear instructions for a  | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If dults and children regarding rules for event, especially toilet breaks or injury.  |
| No speed rides down gradult helpers at a 1:5 ractions for task Appropriate clothes and Clear instructions for a  | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If footward children regarding rules for event, especially toilet breaks or injury.   |
| No speed rides down gradult helpers at a 1:5 ractions for task Appropriate clothes and Clear instructions for a  | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If footward children regarding rules for event, especially toilet breaks or injury.   |
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| No speed rides down gradult helpers at a 1:5 ractions for task Appropriate clothes and Clear instructions for a  | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If footward children regarding rules for event, especially toilet breaks or injury.   |
| No speed rides down gradult helpers at a 1:5 ractions for task Appropriate clothes and Clear instructions for a Adult to assist at pond  | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If dults and children regarding rules for event, especially toilet breaks or injury. It is exit due to slippery bank.   |
| No speed rides down gradult helpers at a 1:5 raccordect methods for tast Appropriate clothes and Clear instructions for a Adult to assist at pondal and Priority 3 (Neutral  | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If dults and children regarding rules for event, especially toilet breaks or injury. It due to slippery bank.  It is risk   |
| No speed rides down gradult helpers at a 1:5 raccordect methods for tast Appropriate clothes and Clear instructions for a Adult to assist at pondal and Priority 3 (Neutral  | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If dults and children regarding rules for event, especially toilet breaks or injury. It is exit due to slippery bank.   |
| No speed rides down gradult helpers at a 1:5 recorrect methods for tast Appropriate clothes and Clear instructions for a Adult to assist at ponder the priority 3 (Neutral No sections may be une                            | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If dults and children regarding rules for event, especially toilet breaks or injury. It due to slippery bank.  It is risk   |
| No speed rides down gradult helpers at a 1:5 raccorrect methods for tast Appropriate clothes and Clear instructions for a Adult to assist at pondal and Priority 3 (Neutral No sections may be una No riding across jetty.   | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If footwear for activity, helmets for event, especially toilet breaks or injury. It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank. |
| No speed rides down gradult helpers at a 1:5 raccorrect methods for tast Appropriate clothes and Clear instructions for a Adult to assist at pondal and Priority 3 (Neutral No sections may be una No riding across jetty.   | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If footwear for activity, helmets for event, especially toilet breaks or injury. It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank. |
| No speed rides down gradult helpers at a 1:5 rate Correct methods for tast Appropriate clothes and Clear instructions for a Adult to assist at pondal and Priority 3 (Neutral No sections may be una No riding across jetty. | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If footwear for activity, helmets for event, especially toilet breaks or injury. It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank. |
| No speed rides down gradult helpers at a 1:5 rate Correct methods for tast Appropriate clothes and Clear instructions for a Adult to assist at pondal and Priority 3 (Neutral No sections may be una No riding across jetty. | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If footwear for activity, helmets for event, especially toilet breaks or injury. It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank. |
| No speed rides down gradult helpers at a 1:5 rate Correct methods for tast Appropriate clothes and Clear instructions for a Adult to assist at pondal and Priority 3 (Neutral No sections may be una No riding across jetty. | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If footwear for activity, helmets for event, especially toilet breaks or injury. It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank. |
| No speed rides down gradult helpers at a 1:5 raccorrect methods for tast Appropriate clothes and Clear instructions for a Adult to assist at pondal and Priority 3 (Neutral No sections may be una No riding across jetty.   | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If footwear for activity, helmets for event, especially toilet breaks or injury. It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank. |
| No speed rides down gradult helpers at a 1:5 raccorrect methods for tast Appropriate clothes and Clear instructions for a Adult to assist at pondal and Priority 3 (Neutral No sections may be una No riding across jetty.   | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If footwear for activity, helmets for event, especially toilet breaks or injury. It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank. |
| No speed rides down gradult helpers at a 1:5 raccorrect methods for tast Appropriate clothes and Clear instructions for a Adult to assist at pond Priority 3 (Neutral  | ravel roads past the start point atio for each section of the course sks shown and practiced by adult helpers. If footwear for activity, helmets correctly fitted. If footwear for activity, helmets for event, especially toilet breaks or injury. It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank.  It is exit due to slippery bank. |

| Activity        | Slippery Slide  |
|-----------------|---|
| Venue           | Berwick Lodge   |
| Assessment Date | Update No 12 on 27/01/17, site assessed on Thursday 19th January 2017 |
| Assessor        | Evan Jamieson   |

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| Risks specific to this activity on this site not withstanding our Activity Operation Plan                        |
| This form is taken with us and rechecked/updated on the day before any activity is undertaken.                   |
| Priority 1 (Minimize risk Level 1)   |
| Off limits to all children & staff until safety training for helpers is complete                                 |
| Clearly defined waiting area for students and staff  |
| Anchors cordoned off to prevent entry  |
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| Priority 2 (Minimize risk Level 2)   |
| Warm up required for participants to reduce muscle strain and practice landing                                   |
| Adult helpers at a 1:1 ratio for the task as this is all that is required  |
| Correct methods for tasks shown and practiced by adult helpers.  |
| Appropriate clothes and footwear for activity, bare feet required on slide but bunkroom to slide needs shoes etc |
| Cold is an issue when participants are wet and waiting.  |
| Double check slide area is clear of items under the slide like stones & sticks etc                               |
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| Priority 3 (Neutralize risk)   |
| Ensure all children are aware of the rules around the slide  |
| One extra adult is required for this task to operate safely, must be one staff member and one assistant          |
| Check all tree fall and wind blow areas  |
| Walk slide area prior to setup and clear all ground obstructions   |
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| Activity                    | Incline & Cliff Rescue  |
|-----------------------------|---|
| Venue                       | Berwick Lodge   |
| Assessment Date             | Update No 12 on 27/01/17, site assessed on Thursday 19th          |
|                             | January 2017  |
| Assessor                    | Evan Jamieson   |
| Risks specific to this ac   | ctivity on this site not withstanding our Activity Operation Plan |
| This Course is taken a with | and an algorithm dated on the day before any activity is and      |

| zusits spring to this distribution with the same state of the same |
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| This form is taken with us and rechecked/updated on the day before any activity is undertaken.   |
| Priority 1 (Minimize risk Level 1)   |
| Site is Off limits to all children & staff until safety training for helpers is complete & instructor is on the site   |
| Risks & reasons explained to students and adults at orientation briefing and walk  |
| Site above rescue is a no go area  |
| Landing area is clear of all people, adult assistant at the bottom is required to wear a safety helmet.  |
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| Priority 2 (Minimize risk Level 2)   |
| No students are allowed near or in the stream without adult supervision  |
| Adult helpers are two required, one for top and one for bottom.  |
| Correct methods for tasks shown and practiced by adult helpers.  |
| Appropriate clothes and footwear for activity along with safety gear (supplied)  |
| Clear instructions for adults and children regarding rules for event, especially toilet breaks.  |
| Clear vegetation on site, check site for possible rock fall and obstructions   |
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| Priority 3 (Neutralize risk)   |
| Provide equipment area clear of site to prevent students placing items ie drink bottles/helmets/cameras on top of  |
| ground and risking a fall on the stretcher team, patient or assistants.  |
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| Activity               | Blindfold Off Road Driving/4WD Recovery                  |
|------------------------|--|
| Venue                  | Berwick Lodge  |
| <b>Assessment Date</b> | Update No 12 on 27/01/17, site assessed on Thursday 19th |
|                        | January 2017   |
| Assessor               | Evan Jamieson  |

| Risks specific to this activity on this site not withstanding our Activity Operation Plan               |
|---|
| This form is taken with us and rechecked/updated on the day before any activity is undertaken.          |
| Priority 1 (Minimize risk Level 1)  |
| No other vehicles or people are allowed on the course at any time.                                      |
| Entry road is closed with tape and cones  |
| Vehicle movement may not occur until all safe zones are adhered to (as per Ops Manual & DMI 4WD Manual) |
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| Priority 2 (Minimize risk Level 2)  |
| Vehicles placed in Low Ratio 4WD first gear, with top speed of approx 4kph                              |
| Confirm route is clear of vehicle damaging obstructions   |
| Correct methods for tasks shown and practiced by drivers and navigators.                                |
| Appropriate clothes and footwear for activity   |
| Clear instructions for participants regarding rules for event.  |
| Route checked and instructor driven on day to confirm suitability and traction                          |
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| Priority 3 (Neutralize risk)  |
| Key stop available to instructor at all times to prevent person and vehicle risk.                       |
| No students maybe in vehicles crossing bridges  |
| Two vehicle length distance (8m minimum) is maintained during a student hand held rope tow if used      |
| Lashings must comply with Pioneering Ops Manual and bridge trees minimum diameter as per ops manual     |
|   |
|   |
|   |
|   |
|   |

#### Notes:

As this task is on <u>enclosed private property</u> a drivers licence is not required. The ability to have any driving skill or experience is not required either.

Suitable bridge logs are in place at Berwick as of this date.

#### Risk Management Plan and Hazard Assessment Sample 2016

The following pages are a sample of our Risk Management Plan and our Hazard Assessment form for a single activity.

These make up a small section in our SOPs for instructors and are provided to show you, your employers, safety staff and BOT members our actual assessment.

Emergency management procedures, venue maps, coms, and a huge range of other essential emergency management information is contained within our Site Safety Booklets provided to the TIC at any camp venue for the period we are contracted to run your event.

For further information please contact the owner Evan Jamieson on 03 476 7634 or direct dial on 027 450 7952.

Please note the information within this document is copyright and may not be used, copied or transmitted in any form by any means to any other parties.

It is for the strict use of employees, governing bodies and auditors of the school this has been provided to.

Thank you

#### Sample Form 18 AdventureMasters NZ

RAMS- Risk Management Plan for Rock Climbing/Abseiling Master

#### RAMS: Risk Management Plan for Rock Climbing/Abseiling

Ed 8 14/07/16

| School  |   |  |   |  |  |
|---|---|--|---|--|--|
| Activity  | Rock Climbing & Abseiling Belayed   | Single Pitch T   | op Rope   |  |  |
| Instruc   | tors:   | Location:  | Generic Topic RMP                                 |  |  |
|   |   |  |   |  |  |
| C   | Group:  | Date:  | 27/01/16  |  |  |
| Risks (   | significant potential losses listed in order of si  | gnificance)  |   |  |  |
| 1 Deatl   | n   | 4 Site Failu   | ire   |  |  |
| 2 Catas   | strophic Physical Injury/Illness  | 5 Equipment Failure  |   |  |  |
| 3 Emotional Trauma  |   | 6 Systems  | 6 Systems Failure                                 |  |  |
|   | Causal Factors (lemons)<br>ured risk level Red= High risk, Orange= Medium<br>Green=Low.<br>k management (E)= Eliminate, (M)= Minimise   |  | Risk reduction strategies                         |  |  |
| People Skills, attitudes, age, fitness, ratios, experience, health etc. | (M) Lack of skills by staff and participants (E) Poor operating procedure (E) Risk aversion by participant/leaders (E) Behaviour of those involved (E) Lack of knowledge (E) Lack of risk reduction strategy by staff (M) Group control failure (E) Communication failure between staff & clients (M) Ego of staff-failure to cancel or reduce risk (E) Excess client leader ratios (E) First aid skill and ability requirement (E) Emergency system failure by staff (E) Management failure for staff abilities (E) Management failure for assessment (E) Management failure for standards (E) Peer pressure (M) Medical problems (M) Special needs for some people (E) Failure to follow instruction (E) Deliberate challenge of event rules (M) Language barrier to understanding (M) Fear | Staff training of the control of the | thods of communication for those with language or |  |  |

| Clothing, shelter, transport, activity, specific gear, safety gear etc | (M) Anchor failure (M) Equipment failure (M) Damaged equipment (E) mappropriate activity (E) Lack of protective clothes for elements (E) Failure of PPE (E) Failure of PPE (E) PPE not correctly stowed, used or audited (M) Lack of shelter for staff and clients (E) Incorrect equipment for system and rescue   | Anchor checks made before event setup, standards for anchors specified in activity SOP  Equipment inspected for safe operation before and during setup, use and recovery to SOP manufacturers standards  Care of equipment and use in systems to prevent damage  Clothing and footwear checks of participants before event start  Protective clothing checked before event and allocated  PPE (helmets, harnesses etc) inspected before, during and after event use.  Damage logged and reported, item removed from service and red tagged  Appropriate shelter and clothing identified and used element protection  Equipment reviewed, gear lists checked, stowage checks before operation and regular audits of sites, systems and operational needs by staff and management   |
|--|--|---|
| Environment<br>Weather, terrain, water, season etc.                    | (M) Venue/site (M) Exposure to elements (M) Extreme temperatures (E) Dehydration/Hypothermia risk (M) Insects (M) Pollon (M) Allergies (M) Topography- angle of terrain, slippery or loose, exposed trip hazards, tracks on edges/inclines. (M) Environment- dark damp bush or lonely tussock ridge (M) Proximity to other people/activities (M) Proximity to emergency assistance (M) Site risks from live stock/animals (M) Catastrophic site failure ie landslide/tsunami/earthquake/rock slide/tree fall Emergency exits (M) Communication blind spots | Task analysis and hazard ID of site before event, site mapped, SAP and related system information updated Shelter located for staff and clients Appropriate clothing for event and site conditions Food, drink and shelter arranged Safety warnings (ie wasps in Beech or bush) and first aid treatment briefings prior to event Allergy relief available if required in first aid kits Safety check of topography site hazards- brief clients Alter mental thought process with redirection for those afraid of the environment Safety management planned and initiated with other site users Emergency assistance sites mapped and contacts logged Brief and identify safe methods to control the hazards posed from stock or animals Be aware of and use staff SOPs, hazard management plans and local information to assist in risk or event management, alerts and warnings to natural catastrophes Identify and practice use of emergency exits from sites Identify, log, report and test for communication blind spots, use staff information series for recently updated information. |

#### **Critical incident management**

All methods and systems of management for the items listed above are found in your activity SOP

The method for managing critical incidents 1-6 listed assumes in all cases serious injury has occurred requiring ambulance intervention. Refer to your Pocket Field Guide for exact roles and management.

Where injury has not occurred WORKSAFE may still need to be advised, however emergency services may require contact if the scene possesses a risk to life, stock or essential services.

| Emergency procedures to manage each identified risk   | Emergency gear required  |
|---|--|
| 1 Death Immediately protect yourself, clients and bystanders from harm Summon emergency assistance Evacuate students. away from scene Initiate TIC/Principal on sites Traumatic Incident Procedure Protect the scene, notify WORKSAFE Notify AMNZ Management Gather witnesses   | Communication methods- cell, UHF, landline<br>Camera- to record site/scene<br>Camera or note pad to gather witness names<br>Survival blanket to cover body   |
| 2 Catastrophic Physical Injury/Illness Immediately protect yourself, clients and bystanders from harm Summon emergency assistance Evacuate students. away from scene Provide medical assistance, summon aid locally Initiate TIC/Principal on sites Traumatic Incident Procedure Protect the scene, notify WORKSAFE Notify AMNZ Management Gather witnesses | Communication methods- cell, UHF, landline Camera- to record site/scene Camera or note pad to gather witness names First aid equipment Essential paperwork for patient assessment and post event reporting |
| 3 Emotional Trauma Immediately protect yourself, clients and bystanders from harm Summon emergency assistance Evacuate students. away from scene Provide medical assistance, summon aid locally Initiate TIC/Principal on sites Traumatic Incident Procedure Protect the scene, notify WORKSAFE if required Notify AMNZ Management Gather witnesses         | Communication methods- cell, UHF, landline Camera- to record site/scene Camera or note pad to gather witness names First aid equipment Essential paperwork for patient assessment and post event reporting |
| 4 Site Failure Immediately protect yourself, clients and bystanders from harm Summon emergency assistance Evacuate students. away from scene Provide medical assistance, summon aid locally Initiate TIC/Principal on sites Traumatic Incident Procedure Protect the scene, notify WORKSAFE if required Notify AMNZ Management Gather witnesses             | Communication methods- cell, UHF, landline Camera- to record site/scene Camera or note pad to gather witness names First aid equipment Essential paperwork for patient assessment and post event reporting |
| 5 Equipment Failure Immediately protect yourself, clients and bystanders from harm Summon emergency assistance Evacuate students. away from scene Provide medical assistance, summon aid locally Initiate TIC/Principal on sites Traumatic Incident Procedure Protect the scene, notify WORKSAFE if required Notify AMNZ Management Gather witnesses        | Communication methods- cell, UHF, landline Camera- to record site/scene Camera or note pad to gather witness names First aid equipment Essential paperwork for patient assessment and post event reporting |
| 6 Systems Failure<br>Immediately protect yourself, clients and bystanders from harm<br>Summon emergency assistance  | Communication methods- cell, UHF, landline<br>Camera- to record site/scene<br>Camera or note pad to gather witness names   |

Evacuate students. away from scene
Provide medical assistance, summon aid locally
Initiate TIC/Principal on sites Traumatic Incident Procedure
Protect the scene, notify WORKSAFE if required
Notify AMNZ Management
Gather witnesses

First aid equipment
Essential paperwork for patient assessment and post event
reporting

#### National standards applicable

Support Adventure ASG- Abseiling
Queensland Adventure Activity Standards-Abseiling
Australian Standard 2316.1-2009
AS/NZS 4488 and AS/NZS 1891.4.
UIAA, CE, CI, AS/NZS, EN 1891, AS4142.3, AS4142.2, ANSI Z133, CI1801.
Abseiling - A Manual for Instructors
Mountain Safety Manual 32, fifth edition published 2013
Queensland Adventure Activity Standards-Abseiling

#### Policies and guidelines recommended (activity specific)

Australian Standard 2316.1-2009

Queensland Adventure Activity Standards-Rock Climbing

Department of Conservation Environmental Care Code- Climbing

**Outdoor Safety - Risk Management for Outdoor Leaders** 

Mountain Safety Manual 38, third edition published 2013

**Alpine Rescue Techniques** 

**Queensland Adventure Activity Standards-Abseiling** 

Department of Conservation Environmental Care Code- Abseiling

NZ Activity Safety Guideline- Abseiling

#### Minimum skills required by activity leaders/assistants

AdventureMasters NZ Abseiling Instructor (Specialist) Equivalent to Unit standard 20154 and/or any of the standards listed below Bachelor of Adventure Recreation and Outdoor Education Level 7 with Abseil/Rock Climb strands

NZ Mountain Safety Council- Abseil Advanced For leaders who deliver courses to large groups

NZOA Unit standard 26243 Demonstrate abseiling knowledge and skills

NZQA Unit Standard 20157 Demonstrate the use of basic rope systems for top rope rock climbing and abseiling

Other standards for skills for Rock Climbing Instruction-

NZQA Unit standard 20154 Level 5 or similar NZQA Unit standard 26242 Level 4, Unit 20145, Unit 20150, Unit 20151, NZOIA Rock Climbing Leader, NZOIA Rock 1, NZOIA Rock 2, NZOIA Sport Climbing E & I, Skills Active National Cert in Outdoor Recreation (leadership) Rock Climbing, Skills Active SRT Cave Guide Cert 1

First Aid (not all standards are required)

NZQA first aid unit standards 6400, 6401, 6402 and 424 or 26551, 26552 and 424

| Final Approval | Accept | Evan Jamieson- AMNZ | Reject   |   |
|----------------|--------|---------------------|----------|---|
|                |        |                     | <u> </u> | · |
|                |        |                     |          |   |
| Comments:      |        |                     |          |   |

Hazard Assessment & Control Belayed Rock Climbing/Abseiling Master Form v16 27/01/16

Master v16 27/01/16

Doc ID:

Activity: Abseiling

Location: Generic Topic Assessment

| Risks   | Hazards  | Significant? | Controls  |
|---|--|--------------|---|
| What could go wrong?  | Why would this happen?   | Yes / No     | How can we prevent it?  |
| Injuries caused as a result of poor practice. Anxiety caused by realisation of imminent danger without the means to manage the risks. | Instructor and/or participants unaware of hazards and safe working practice. | Yes          | All participants are to be accompanied by instructors who are able to risk assess actively on site, have significant instructional experience in the type of environment in which they are working and have been trained, assessed by appointed technical expert.  Instructors should offer an appropriate safety brief taking into account the nature of the client group, their anxieties, their confidence, and their questions.  All instructors are to carry appropriate technical and safety equipment sufficient for all members of their anxieties.   |
| Injury caused by a fall from height   | Heights PPE not used ie personal safety line Edge failure                    | Yes          | Instructors must ensure that all participants, themselves and observers are aware of the whereabouts of the edge and of sloping and/or loose ground leading to the edge. We recommend using a physical marker e.g. ropes to identify a no-go parameter.  Instructors must ensure that their own edge safety PPE is installed and used as the number one priority in any situation (especially setup).  Instructors must ensure that their own edge safety PPE is installed and used as the number one priority in any situation (especially setup).  Instructors must ensure that they make careful visual and physical inspections of the site before use. With a focus on leading edge fall risks and rook types. Instructors must ensure that all participants, themselves and observers are belayed effectively before approaching an edge at height, and before leaving the ground to climb. (Except for situations such as bouldering at low level, and lead climbing to the first runner).  All participants engaged in climbing or abseiling must be belayed effectively at all times, unless their height is minimal and/or physical support (spotting) can be used.  Instructors should ensure that all participants know not to climb unless the instructors should ensure that all participants know not to climb unless the possible and the first runn must be adequately supervised. |
| Injuries caused by failure in the operation of the belay system   | Faulty belaying  | Yes          | The place and state of the following particles invited by the instructor. If all participants are considered not to be sufficiently responsible, instructor should consider self-lining (instructor backup of trainee belayer) or another appropriate form of belay.  Instructor is to ensure the Office and/or Ops Manager has details of their destination, party, estimated time and date of return.  Instructor must not change location or vary route significantly without first contacting the Office and/or Ops Manager and changing destination details and ETR.   |

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| Injury caused by falling rock                                   | Rockfall             |        | All participants, observers and staff shall wear correctly fitted helmets at all times   |
|---|----------------------|--------|--|
|   |                      | h<br>Y | whilst under or approaching a crag in all red or orange risk zones.  |
|   |                      | res    | Instructors must identify a safe area in which all people can stand/sit, ideally out of reach of falling debris.   |
|   |                      |        | Loose debris is to be removed, stabilized or avoided to prevent it falling after having achieved the above situation.  |
|   |                      |        | Instructors should consider not using a venue that is prone to rockfall.   |
| Injuries caused by failure of equipment                         | Faulty equipment     | Yes    | All equipment will be checked prior to use and faulty items removed from operation.  |
|   |                      |        | Equipment must be used only for the purpose(s) intended.   |
|   |                      |        | Equipment must be treated with respect, with care and will be maintained as required to ensure good working order.   |
|   |                      |        | We recommend using minimal components in the safety system or the $\operatorname{Kis}$ (keep is simple) principle.   |
| Injuries caused by failure in the operation of the belay system | Faulty belaying      | Yes    | Instructors must carefully instruct belayers and observe their practice at all times, or sufficiently regularly to ensure that they <i>maintain</i> good practice.                                       |
|   |                      |        | All sub-standard practice by participants must be stopped and corrected immediately.   |
|   |                      |        | Instructors must check understanding of belay principles and check operation before allowing participants to belay.  |
|   |                      |        | If a Gri-Gris is used, the dead rope must be held securely behind the belay device at all times whilst belaying is in progress. A Gri-Gri must not be used as a failsafe device.                         |
|   |                      |        | Instructors should be aware that no belay devices are failsafe devices.  |
|   |                      |        | No client/student belayer will operate on their own, every belayer must have a backup belayer to operate. Additional belayers will be required where the climber is larger and heavier than the belayer. |
| Anxiety and stress caused by fear                               | Cragfast participant | Yes    | Instructors should make themselves aware of a participant's state of mind, their fears and anxieties.  |
|   |                      |        | Instructors are to ensure that they have the means to perform a mid crag rescue at all times.  |
|   |                      |        | Instructors are to offer appropriate support to enable participants to regain control and retain dignity for themselves.   |

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| Anxiety and stress caused by fear, minor cuts/bruises   | Cragfast participant caused by jammed abseil device, trapped clothing, jewellery, hair or parts of the body. | Yes | Instructors are to ensure that they have the means to perform a mid crag rescue at all times.  |
|---|--|-----|--|
|   |  |     | Instructors must use a releasable abseil rope system as required.  |
|   |  |     | Instructor must advise participants to remove/tape jewellery that increases this risk.   |
|   |  |     | Instructor could advise participants to wrap, tuck or hide long hair to reduce the risk of it becoming entangled in the belay or abseil device.  |
|   |  |     | Instructors must ensure that loose clothing, toggles, laces, etc. are appropriately tucked away.   |
| Injuries caused by impact with rock, another object or another person during a swing or fall  | Climber/abseiler pendulums or falls  | Yes | Instructors must ensure that the absciler/climber remains directly below their point of attachment as much as possible.  |
|   | Body jewellery causing injury to clients and staff   |     | Instructors to maintain appropriately tight belays in a situation where a fall or swing would cause significant impact with another object, especially trees, rock ledges.                                   |
|   |  |     | Instructor to ensure that climbers and abseilers do not move into a position from which a swing or fall will cause an impact with another person.  |
|   |  |     | Instructors to ensure appropriate space for a fall/swing where unavoidable, and to ensure that other people do not occupy that space.  |
|   |  |     | Jewellery removed or taped down ie piercings in stomach or chest at hamess area  |
|   |  |     | Instructors are to use the best instruction method for the individual to attempt to avoid this occurring- in particular focus on the gravity line and wide feet stance                                       |
| Injuries caused by losing control of the abseil rope  | Abseiling rapidly  | Yes | All abseilers, including instructors are to wear protective gloves when abseiling.   |
| Injuries caused by impact with ground or other objects at sneed                               |  |     | Instructors must use a personal safety device (e.g. shunt, Prussics) whilst abseiling without a belayed safety rope ("dead mans brake")  |
|   | Instructor not using Dead Mans brake PPE   |     | Instructors must ensure that belayers tighten the safety rope so that the abseiler almost stops 2-3 metres from the ground, and is then gently approaches the ground.  |
|   |  |     | Belayers are to be exceptionally vigilant at all times and to maintain close control of the abseilers speed by means of well-controlled safety rope (e.g. one with no significant free rope or fall length). |
| Injuries caused by a fall on rugged terrain. Injuries caused by a slip leading to a fall from | Rugged or steep terrain leading to top or base of crag   | Yes | Instructors are to identify an approach route to avoid hazards as much as reasonably possible.   |
| height.   |  |     | Instructors to install a fixed rope or belay when a slip on the approach might lead to a more catastrophic fall.   |
|   |  |     | All participants to wear "grippy firm soles" providing ankle support and   |

Staff Standard Series

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|  |   |     | protection on rugged approaches.  |
|--|---|-----|---|
|  |   |     | SOP requires belays to be taken to the climber/abseiler in a safe zone so the client is belayed towards the edge to protect from fall risk.                                 |
| Injuries caused by instructor fall       | Involvements of the relation of the street - A. | à   |   |
| rigaries caused by instructor rail.      | nisu ucusi tans whiist cumbing iree             | Yes | Instructor is to consider ensuring that at least one member of their party is aware of  |
| Isolation of participants in a hazardous |   |     | an emergency procedure to be implemented in this scenario.  |
| environment.                             |   |     | If all participants are considered not to be sufficiently responsible, instructor should consider self-lining or another appropriate form of belay.                         |
|  |   |     | Instructor is to ensure the Office/Ops Manager/Senior Instructor has details of their destination, party, estimated time and date of return.                                |
|  |   |     | Instructor must not change location or vary route significantly without first contacting the Event Coordinator/responsible person and changing destination details and ETR. |





# Turn your camp at Berwick or Tirohanga from ordinary to AMAZING with AdventureMasters

AdventureMasters NZ... Providers of amazing outdoor camp experiences for 20 years specialising in Primary & Intermediate EOTC. We bring the adventure to your camp venue. We do all your EOTC, BOT and ERO required paperwork. You simply provide the students and some adult helpers!!!

A "typical" day with us will include at least SIX activities but often seven or eight... the only problem you will have is choosing which of the more than 75 tasks we offer to do!

For your free information CD simply call Evan at AdventureMasters on **03 476 7634** anytime, direct dial my cell on **027 450 7952** or email <a href="mailto:amnz1@xtra.co.nz">amnz1@xtra.co.nz</a> All we need is your venue, date and student numbers.



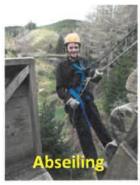




Check out this awesome short video of a winter camp with AdventureMasters kindly provided by Michelle Suddaby from Mt Aspiring College

https://youtu.be/IGZBLUjf4vw

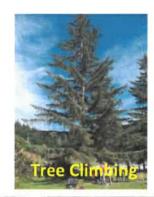
These images show just a tiny portion of what we provide.













Ph/Fax 03 476 7634 Cell 0274 507952 E-mail: amnz1@xtra.co.nz P O Box 6117, Dunedin, 9059, New Zealand

ADVENTURE, EDUCATION & TEAM BUILDING PROVIDERS



# AdventureMasters

New Zealand ——



AdventureMasters proudly introduces our newest activity site for day trips set on a hill side surrounded by 200 year old beech forest, mountain waterfalls and spectacular scenery near Dunedin Airport.



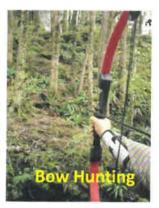
**Rock Climbing** Bouldering Stream Walks Nature Discovery **Bush Survival Adventure Races** Leadership Programs

# Western Hills dventure Centre

**ATV Rides** 4WDing Pellet Balling **SWAT** Course Tree Climbing Navigation And much more!







Situated on the Mungatua Hills overlooking the Dunedin Airport. Just 7 minutes from Outram, 15 minutes from both Tirohanga and Berwick Camps, 20 minutes from Mosgiel and 35 minutes from central Dunedin.

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ADVENTURE, EDUCATION & TEAM BUILDING PROVIDERS





## **Contracting Checklist**

# To be completed by the contracting agency (if there is more than one contractor, a form should be completed by each one)

The following checklist is sent to you as an outside provider to assess the level of safety management expertise provided by your organisation.

| Name of organisation  | AdventureMasters New Zealand  |
|---|---|
|   |   |
| Contact person  | Evan Jamieson   |
| Address   | P.O. Box 6117, Dunedin North, Dunedin, 9059   |
|   |   |
| Phone and fax   | 03 4767634 (ph/fax)or Cell 027 4507952  |
| Email   | amnzl@xtra.co.nz  |
| Length of time as contractor  | My own business for 20 years, 28 years as EOTC trainer                                  |
| Date  | Updated January 2017  |
| Please return this form by  | to  |
| Please complete the follow  | ing: Yes No   |
| <ul> <li>Do you have selection s</li> <li>What are these?</li> </ul>    | standards for your staff?   |
| Staff are required to hold a recogn                                     | nized qual, equivalence or higher   |
| in the tasks they will instruct when                                    | re applicable   |
| What are they?  | tandards for your staff?  |
| As a provider of over 75 EOTC ac  |   |
| many standards both internal & ex                                       | xternal   |
| <ul> <li>Do these standards comp<br/>best practice standards</li> </ul> | ply with nationally accepted s? Where these exist, we commonly exceed these "standards" |
| <ul> <li>Does your organisation<br/>with these standards?</li> </ul>    | regularly monitor compliance  |
| How does it do this?  With internal and external audits                 | & mombarship of National  |
| organizations   | a membership of National  |
|   | have safety policies and civity, including vehicle use?                                 |
| Are these documented?   |   |
| May our staff sight the   | ese safety guidelines?  |

| You   | r organisation's safety performance   | £.                    |                             | Yes        | No       |
|-------|---|-----------------------|-----------------------------|------------|----------|
|       | Are records kept of incidents and a   | ccidents?             |                             | _          |          |
|       | -   |                       |                             |            |          |
| •     | Are logs kept of equipment use? (fo   | r example ropes       | )                           |            |          |
| •     | Is there a safety management plan f (for example RAMS or SAP) Every activity                          |                       |                             | S & SADS   | , 📙      |
|       | Site specific RAMS are con  |                       |                             | J C SALS   |          |
| •     | Safety management plans (including  |                       |                             |            | <b>~</b> |
|       | procedures) for all activities this in are attached. <i>This is commercially se</i>                   | nsitive info- you may | site but NOT cop            |            |          |
|       | (We have had this information used illegally i  | n the past and also p | assed on to our c           | ompetitor. | s)       |
| •     | Can you supply a list of instructor   | s who will be us      | sed                         |            |          |
| in m  | for our event, with their CVs and 1   | -                     |                             |            |          |
|       | ot allowed to be released under the information<br>wired for risk tasks a qualification record can be |                       |                             | _          |          |
| _     | rity types and staff we have the individual staff   | member may be reas    | signed without no           | _          |          |
| ٠     | Can you confirm that if personnel a   |                       |                             |            |          |
|       | reason, people of equal professiona will be used. Most definitely, note that as                       |                       | _                           | e trainee  |          |
| instr | cuctors accompanying senior staff in a learning   | - I                   | •                           |            | e not    |
|       | ged for and are used in a non-risk activity envi  |                       |                             |            |          |
|       |   |                       |                             |            |          |
| -     |   |                       |                             |            |          |
| Refe  | erees:  |                       |                             |            |          |
|       | ase supply the names and contact det  |                       | porting refere              | es that    | your     |
| orga  | anisation has supplied services for   | in the past.          |                             |            |          |
| Refe  | eree one: Below are just a few of the schools   | s we currently supply | Camp Activities             | for        |          |
| Name  | C BCH MALL  |                       |                             |            |          |
|       |   | 0 0 0                 |                             |            |          |
|       | Silverstream, Dunedin North   |                       |                             |            |          |
|       | Fairfield,, Waitati, Waimate 1  | IS and hundreds mo    | re across the Sou           | thern Reg  | ion      |
|       |   |                       |                             |            |          |
|       |   |                       |                             |            |          |
| Refe  | eree two  |                       |                             |            |          |
| Name  | There is about 200 more between   | een Canterbury and    | Stewart Island              |            |          |
|       | 44  |                       |                             |            |          |
|       | + youth groups, "at risk" grou  |                       | ay programs, spec           | ial needs  |          |
|       | groups, corporate clients and i   | nore.                 |                             |            |          |
|       |   |                       |                             |            |          |
|       |   |                       |                             |            |          |
|       |   |                       |                             |            |          |
|       | information supplied above is corre   | ct.                   |                             |            |          |
| Sign  | ed <b>Evan Jamicon</b>  | Position              | Owner/Manage                | r          |          |
| Name  | Evan Jamieson   | Date                  | 7 <sup>th</sup> January 201 | 7          |          |
|       |   |                       |                             |            |          |

Note: A hard copy of this form is kept on file in our office.



# AdventureMasters



# —— New Zealand ———

Attn- To Our Clients From- Evan Jamieson (Owner and Chief Instructor) Dated- 30/05/14

## Re: National Safety Audit Requirement

Hello Clients,

As some of you are aware as of Nov 2011 the government introduced the Adventure Activities Regulations. All adventure and EOTC providers in NZ are required to be registered with WorkSafe NZ, been Safety Audited and finally Safety Certified to provide a range of adventure activities considered "High Risk". These fall within three categories based on activity types.

The initial requirement was to have passed the audit by 1<sup>st</sup> April 2014 but due to large numbers of providers failing to meet these requirements and just a single audit company in NZ to provide the audits the Government extended the date until November 2014 and have brought more auditors onboard to meet demand and relieve workloads.

AdventureMasters started the audit process early, our documentation and site audits occurred and were passed on the 1st of April with the official paperwork received on 30th May 2014.

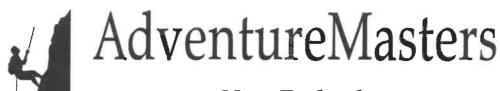
We proudly passed with flying colours with excellent comments from the auditor with 30 years experience in this industry. Our standards are second to none!

If I can be of further help please contact me at anytime.

With kind regards

Evan Jamieson

OUT DOO'S





—— New Zealand ——

# AdventureMasters New Zealand is proudly Safety Audit Certified

Our audit was provided by OutdoorsMark

Certification Number 2014282

Issue Date 30<sup>th</sup> May 2014

Expiry Date 29th May 2017



Our WorkSafe Registered AAO No (Adventure Activities Operator Number) is 446

We have been audited in Cat I & II Risk activities as defined under the Adventure Activities Regulations 2011



# Site Safety Information Booklet

This booklet contains essential emergency management tools, contact information, venue maps, medical assistance, procedures and more.

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# Site Safety Information Booklet 2014

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# Site Safety Information Booklet 2014

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### **Document Control & Availability**

The information contained with this SOP has been prepared for the use of AdventureMasters Instructors. It contains a complete system for the planning, safety assessment, operation, incident management and review for rock climbing outdoors.

The manual is for the use of instructors operating single pitch (one single climb from bottom to top with no changes of anchors or attachments by the climber) top rope (the rope runs through an anchor installed by the instructor at the top of the climb installed before the student climbers begin) and belayed from either the top of the climb (finish) or the bottom of the climb (start point).

The information in this document maybe reviewed and altered at any point. Updated versions of this document are alerted to staff the day they are altered via email and update reviews communicated in staff meetings.

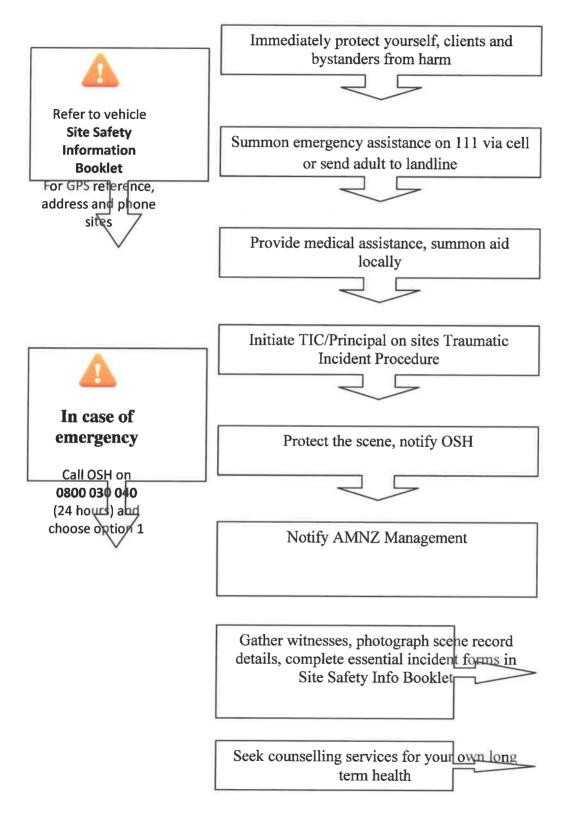
All previous editions of this manual must be permanently removed from your records as the information contained within it is the property of AdventureMasters NZ.

For current manual identification and information please contact AdventureMasters NZ on 03 4767634 or email us at the link provided. amnz1@xtra.co.nz

This document edition is

Staff Standard SeriesOMAF Sect 15-45- AMNZ Doc SOP Rock Climbing Outdoors Ed04/27/01/14

## Manage a Major Incident



Your Site Safety Information Booklet contains all the information required at the site for coms, GPS reference points, incident management and forms.





1.

2.

3.

## Venue/facility safety



## This form provides information about the venue/facility to be used.

| Venue Berwick   | k Lodge owned by the Otago Youth Adventure Trust              |                        |  |  |
|---|---|------------------------|--|--|
| Address Berwick   | k, RD, Outram, (Camp Warden- Jenny Scott 486 2837             |                        |  |  |
| Distance from school  | Approx 40km by surface street from Dunedin                    |                        |  |  |
| Date 03/07/2016   |   |                        |  |  |
| Liaison person/contact Evan Jamieson- AMNZ 027 450 7952 or Berwick Camp 03 486 2714 |   |                        |  |  |
| Organisation AdventureMasters New Zealand   |   |                        |  |  |
| Staff member assessing venue Evan Jamieson- AMNZ Chief Instructor                   |   |                        |  |  |
| List of activities ava  | ilable at venue:  |                        |  |  |
| Activity 1  | Approximately 65 activities are available at this site        |                        |  |  |
| Activity 2  | Activities are provided on your program sheet attached for th | is site and your camp. |  |  |
| Activity 3  |   |                        |  |  |
| Activity 4  |   |                        |  |  |
| Activity 5  |   |                        |  |  |
| Activity 6  |   |                        |  |  |
| Activity 7  |   |                        |  |  |
| Activity 8  |   |                        |  |  |
| Activity 9  |   |                        |  |  |
| Activity 10   |   |                        |  |  |
| П   |   |                        |  |  |
| Is venue appropriate for activities planned?  Yes / No                              |   | Yes <del>/ No</del>    |  |  |
| Is there suitable vehicle access for emergencies?  Yes /No                          |   | Yes <del>/ No</del>    |  |  |
| Is there a supply of fresh water on site?  Yes / No                                 |   | Yes / <del>No</del>    |  |  |
| Is communication available at the venue in an emergency? Yes / No                   |   | Yes / No               |  |  |

| 5.   | Communication method/s available (cellphone, telephone, VHF radio, etc including numbers /call sign)? Please li  |  |  |  |
|------|--|--|--|--|
| ٥.   | UHF between staff/activity leaders   |  |  |  |
|      | Cellular to emergency services, camp phone in Lions Den & Kitchen, Wardens phone at road end   |  |  |  |
|      | Site map with address supplied with first aid packs, emergency services aware of venue location  |  |  |  |
|      | one map with address supplied with first and packs, emergency services aware of vehicle focation   |  |  |  |
| 6.   | Are there hazards that require specific management strategies? Yes / No  |  |  |  |
| 7.   | If so, what are they?  |  |  |  |
|      | Creek runs through field edges within camp boundary  |  |  |  |
|      | Grass hides deep holes and land fracture points  |  |  |  |
|      | This site has vertical faces in places with no edge barriers or warning  |  |  |  |
|      | Estatement and sold demandant on using different on the  |  |  |  |
|      | Extreme heat and cold dependent on wind direction and temp   |  |  |  |
|      | Site bordered and within active forest, evacuation plan prepared by OYAT, Wenita and DCC Rural Fire  |  |  |  |
|      | Logging within camp environment (front gate) with stop/go marshal at this date, logging trucks on entry road.  |  |  |  |
| 8.   | What strategies are in place to manage the hazards so that the venue is safe and effective for use?  Briefings to all students each day regarding care with footing and travel around tracks, walking techniques and |  |  |  |
|      | emergency procedures, students are accompanied by adults at all times near water. Hidden holes flagged.  |  |  |  |
|      | Activity sites all have safe exit routes to avoid hazardous terrain.(checked)  |  |  |  |
|      | Training and supervision rules for walking around site will be provided.   |  |  |  |
|      | Adult or instructor run tasks for the days activities booked.  |  |  |  |
|      | Identify slip areas and edges to students, brief regarding avoidance and risks   |  |  |  |
|      | Appropriate clothing required for weather and terrain.   |  |  |  |
|      | No go areas identified, risks identified to all participants.  |  |  |  |
|      | Activities provided run in accordance with AMNZ SOPs Manual for that task.   |  |  |  |
|      | Emergency personnel identified to students and adults, procedure if an accident/injury/problem occurs  |  |  |  |
|      | No activities near logging operation at this date are allowed or run   |  |  |  |
|      | TWO activities hear logging operation at this date are allowed or full   |  |  |  |
| 9,., | Does the facility have a current building Warrant of Fitness?  Yes / No  |  |  |  |
| 10.  | Are there any age constraints or special conditions for use of any of the activities you offer?  |  |  |  |
|      | No other than compliance with the Terms of Trade and Provider contract provided  |  |  |  |
|      |  |  |  |  |
|      |  |  |  |  |
| 11.  | Are there suitable and adequate hygiene/toilet arrangements for off-site activities?   |  |  |  |
|      | (e.g. rafting, camping). Yes / No  |  |  |  |
| 12.  | Additional notes relevant to safety.   |  |  |  |
| Î    | All activities will be provided to the standards laid out in our AMNZ SOP for each task  |  |  |  |
|      | All camp site rules will be adhered to   |  |  |  |
|      |  |  |  |  |
|      |  |  |  |  |
|      |  |  |  |  |